

STEER

GUIDE FOR THE BETTERMENT

DECEMBER
EDITION

*" The greatest gift you can
ever own is not found in
the shops or under your
christmas tree*

*It is found in the hearts of
your loving family and your
true friends "*



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President's Note

"The pessimist sees difficulty in every opportunity. The optimist sees opportunity in every difficulty." — Winston Churchill

Leo movement is a river of opportunities and as Leos, we need to manage the water flow and take advantage of it. With all the proud moments Sabra Leos stepped into the successful 3rd Leostic year after the reactivation of the club. We did many successful projects in past years and expect to do more

"STEER" is a main part of Sabra Leos Media. It's not only just a magazine but also it creates opportunities, memories, Fun, knowledge and many more. This third volume of "STEER" will be a silver line to our sky. So I would like to wish good luck to our beloved Editor Leo Thathsarani Wijesundara, Assistant Editor Leo Tharushi Gunarathna and this talented Editorial team. Keep up the good work team and let's create some amazing content in future editions!

Cheers to Sabra Leos!!!

*Leo Ashen
Dinujaya Perera*

President (2022/23)

Leo Club of Sabragamuwa University of Sri Lanka

Leadership Title



“The pessimist complains about the wind. The optimist expects it to change.
The leader adjusts the sail.”
–John Maxwell–

A leader is, in essence, a person who motivates a team of people to work toward a common objective. Any organizational setup necessitates an effective leader since they are the ones that start the work by establishing the policies and plans for the team members and giving them direction. Additionally, a leader can increase morale by ensuring comprehensive cooperation, which will enable everyone to work to the best of their ability while pursuing goals.

Consequently, during the past few years, the Leo Club of Sabaragamuwa University of Sri Lanka has operated under such tremendous leadership. We move forward with the leadership title "Thrive with Excellence" in the Leostic Year 2022/23 with the intention of developing with brilliance. We aim to carry out all club operations with excellence so that both club members and the rest of society prosper and benefit. In this new leostic year, as Sabra Leos, we strive to make a significant change with outstanding leadership.

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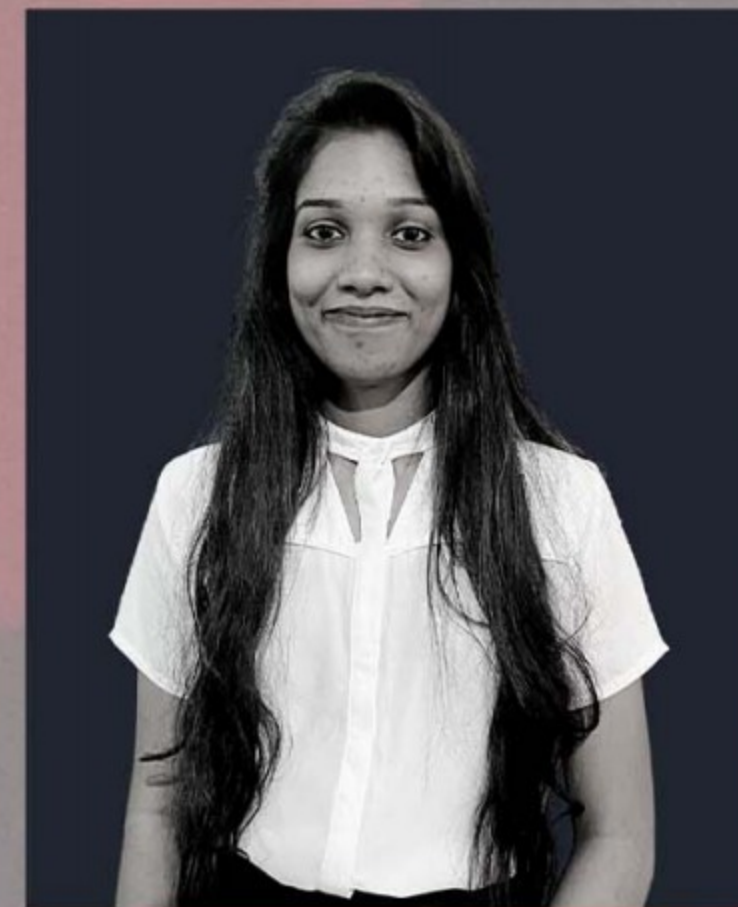
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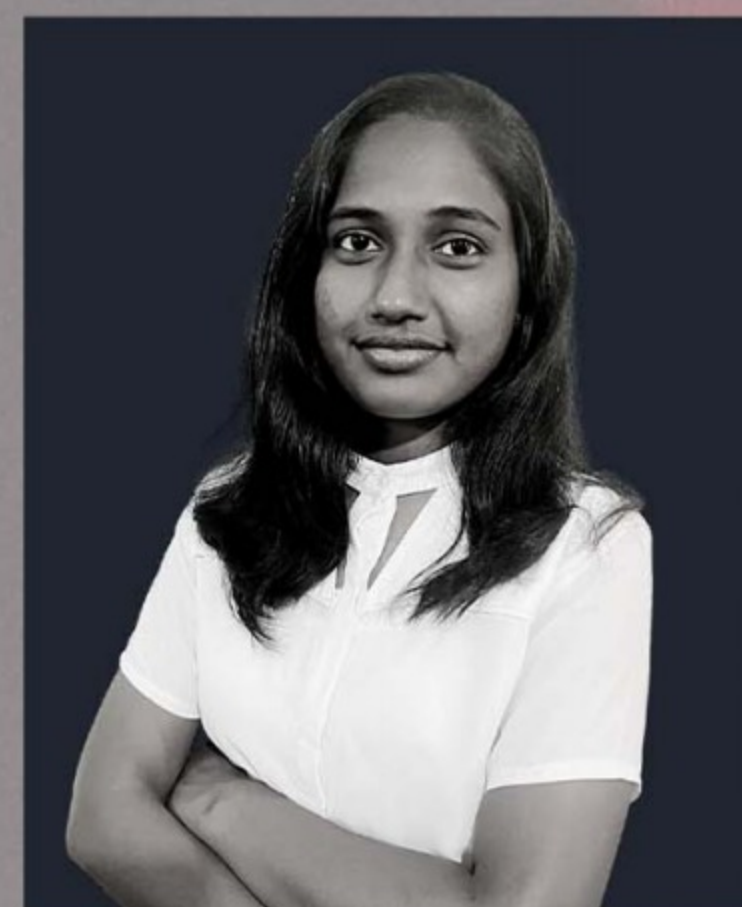
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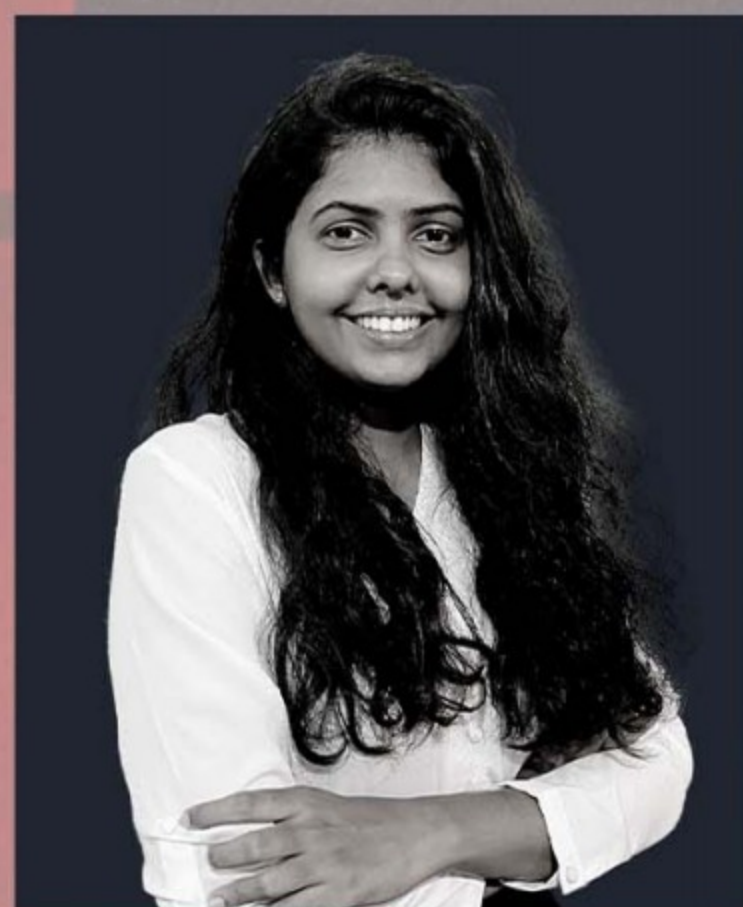
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“Awards Received from 17th Annual District Conference, District 306C2 for the Leostic Year 2021/22

“At the 17th Annual District Conference, Sabra Leos were awarded with,

1. Best project for hunger – Runners up – Project Diriya
2. Best Project for Drug Prevention and Rehabilitation – Runners up – Project Address
3. Best Project for Health and Nutrition – 2nd Runners up – Project Apeksha
4. Best Project for Serving together with Lions Club – 2nd Runners up – Project Seasons of Hope
5. Best project for Poverty and Better Life – 2nd Runners up – Project Diriya
6. Best Project for Helping hand for Differently Abled – 2nd Runners up – Project Hadagasma

As club awards

1. Best Project for Intra District – Winner – Project Elation
- For joint projects and,
1. Top 10 Best Club President Recognition
 2. District President Appreciation for the Region Head 2021/22 Leo Prasangi Samarasinghe





Monthly Creations

The History of Santa Clause

Santa's friends, all young and old, usually ask themselves, "Have you recalled to be nice," as Christmas approaches. Luckily, Santa's helpers have some comforting inside insight about this situation. Santa Claus is without a doubt the kindest and most humorous person on earth!

The origins of Santa Claus lay deep in the north. Although the location of his birth is hidden in legend, we do aware that he spent many years of his life in Lapland, Finland's Northern Province. Santa has always loved and enjoyed visiting the Arctic Circle because it is the origin of many of the Christmas legend tales.

The date of Santa Claus' birth is certain because it is written as "A very long time ago" on his reindeer driver's license.

Santa Claus and the environment have always gotten along quite well. He frequently rides on a sleigh drawn by reindeer, a sledge pulled by a team of huskies, usually on skis,

or in a rowing boat with his elves through the forests, on northern fells, and in the wild. Santa enjoys collecting berries in the summer, and watching the spectacular northern lights in the winter is one of his favourite wintertime activities.

Elves are Santa Claus's closest aides. They assist him with all the Christmas arrangements, reminding kids to behave nicely and making sure he gets regular breaks to sip hot chocolate. Hot chocolate also doesn't appeal to Santa's reindeer but participating in the grand Christmas tree is undoubtedly the highlight of their year. For many generations, Mrs Claus has also been one of Santa's closest assistants.

Santa's inner circle of pals also includes all those who are enthusiastic about stories and tales in addition to these crucial assistants. He does consider you a buddy, too.

Santa Claus considers the word "work" a little unusual, and he frequently begins to smile when he hears it. He keeps himself

very busy, particularly around Christmas, but he doesn't feel like he is working since he enjoys what he is doing so much.

We know that Santa Claus has a variety of interests, including constructing snowmen, astronomy, and archaeology. Santa enjoys skateboarding, fishing, and relaxing by the campfire while viewing the magnificent Northern Lights. Santa Claus enjoys napping a lot, but his favourite pastime is reading the letters that people send him.

Santa Claus not only resides in the wonderful world of legends and tales but also in a remote part of the north. People of all ages are always welcome to participate in this realm of stories and tales, where many topics are both playfully true and genuinely play. Santa himself says: "There once was a world where children laughed."

-Nomeshika Weerakkodi-

Club Member

Poem of the Month

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“Leo Pasindu Nuwantha”
Club Member

THE TRUE MEANING OF CHRISTMAS

Jingle bells give us the Goosebumps of Embrace in the December season.

Sign of Snow Frost brings us the most awaited moment of the Year.

No matter how perfect we aspire to be, and no matter how many things we promised ourselves we would do, sometimes the only thing we want to achieve is only happiness. Everything depends on the true happiness of ourselves. In the season of Christmas, we gather a lot, laugh a lot, and share happiness with our loved ones. Every cell of people matters. Everyone's happiness matters a lot. Love, care, and affection are fulfilled with happiness and Christmas is all about this love, care, affection and happiness of sharing in the love for the loved ones, for the needy ones.

Finding the bravery to offer for yourself as well as to others requires finding the courage to let go of the creeps, sharing your love for others, and being kind and pure with them. This makes people happy.

You may find the true lights of happiness in your heavy heart as a feather while proving the true meaning of this snowy season.

With a single, you won't be able to spread happiness but with a bunch, you can lighten up by sharing your happiness with others and that's how humanity begins.

Hope everyone will fulfil the courage to begin the journey with the happiness that you've received and that you've given.

Let's make the world a better place with a handful of

LOVE..!

-Leo Adithya Prabashwari Karunarathne-

Club Member



-Leo Dananji Dilhara-
Environmental Services Office



A CREATIVE SHORT STORY ABOUT CHRISTMAS

Once upon a day a little boy (Jonny) and his Mom were walking on the street with their Christmas gifts. While they were walking, they met with a poor boy and he said “Please buy some candles from me, my mother made these so, by selling them we can have some money for our Christmas dinner”. Then little boy and his mom were shocked and mom was agreed to buy all the candles and invite that poor boy to have a Christmas dinner with them. After that poor boy said “I really love it, but I don’t know what my mother will say”. Then little boy mom said “its okay, Can you take us to your home please?” After that the poor boy “Tonny” took them to his little house and met them with his mother. Then they were having little chat with each other,

finally Tonny’s mom was agreed to have a Christmas dinner with them. In the Christmas night, they were having their dinner together and they had lot of fun. And Santa gave Tonny for precious shoes and toys. Before going to their home Tonny’s mom thank to Jonny’s Mom and said “I haven’t seen my kids so happy, it’s because of you and Jonny, May god grant all your wishes. There are no people like you in this world”. After Tonny’s family went his home, Jonny’s mom told him a life lesson. “There are many people in this world who can’t afford their meals. We should always look after those who in need and we should always thankful for what we have with us”.

-Leo Thrimali Weerasinghe-

Club Member

PROJECTS

PROJECT



ORIENTATION PROGRAMME



The Leo club of Sabaragamuwa University of Sri Lanka conducted an orientation for all the members of our Leo Club with the aim of informing the club members about the basics and main information of Leo Club. We invited Leo Lion Indunil Palihawadhana as the chief guest. We could inform our members regarding many important things related to Leos. It is very helpful to continue our club activities because the information presented during the orientation provides a foundation for new members.

So, it helps them understand how the club functions are going on, what their roles are, and gives them a big picture of the association. When new members are properly informed, they are more likely to feel comfortable with club, and become actively involved in club activities. We conducted the orientation program on virtual platform due to Covid- 19 Pandemic situation. It was a meaningful event for Sabra Leos for another Leostic year which was successfully completed.

GIFT OF SIGHT



STAFF ADVISOR
MISS. ISHARA KATUWANDENIYA

Joining hands with the "GIFT OF SIGHT" project, Our beloved Staff Advisor Miss Ishara Katuwandeniya has found volunteer and made an eyes and tissue donation to those who are in need. Thank you madam for your contribution and may you find success and happiness everything you do with this blessing bestowed upon you on your birthday.

HELP WITH DISABILITIES WILL DOUBLE UP THE BLESSINGS.

GIFT OF SIGHT

HAPPY BIRTHDAY

Join hands with Sabra leos to help the ones who haven't had the chance to experience the beauty of this world. You can donate your eyes and tissues on your birthday for those who are in need after your demise.

LEO CLUB OF SABARAGAMUWA UNIVERSITY OF SRI LANKA

ASSISTANT DIRECTOR IN MEMBER RELATIONS
LEO HANSIKA HARISCHANDRA

Joining hands with the "GIFT OF SIGHT" project, Our beloved Leo Hansika Harischandra has made a volunteer eyes and tissue donation to those who are in



The project "Gift of Sight" was launched under the category of Projects for Vision and it is most outstanding continuous project of the club. The main objective of this project is to be a helping hand for someone who needs the support of a healthy eye. Also, to donate precious eyes by giving someone to heal their eyes is one of other objectives of this project. Further, this kind of project will empower people to enhance the internal value of their lives and add some glow to their souls by contributing to such kind of charity work. Moreover, this project implements with the hope of increasing public awareness of eye donations since there is lack of participation of donating body organs. By doing such projects, we can convey that message among people to encourage people towards eye donation.

In addition to that, we also have a great experience and inner peace of our mind by contributing to this kind of project representing the young generation. The project has been planned to implement from November 2022 to April 2023. Firstly, we started the project with two categories of donators; SabraLoes club members and volunteer participants. We planned the project to execute on every birthday of club members by creating special birthdays in their lives. The donor will be selected by gathering club members' birthday information and contacting them the day before their birthday to ask if they would want to donate to the project. If the donor is willing and has registered up to donate eyeballs already, they may designate another person as a donor for this project.

HALL OF FAME

Leo club of Sabaragamuwa University of Sri Lanka successfully held its installation Ceremony Hall of Fame for the Leostic year 2022/2023 on 18th September 2022 with the vision of serving the community as best we can. The installation ceremony took place at the Staff Development Unit of Sabaragamuwa University of Sri Lanka from 9.00 am onwards and it's our pleasure to have PDG Dr. Lasantha Goonawardena as the chief guest for this grand event. The meeting was called to order by the chairperson, and it started with the leadership of current president Leo Ashen Dinujaya Perera. The aim of the Installation Ceremony was to appoint appropriate leaders who are willing to work for the betterment of the country and community with the young strength, capabilities, and power. Program included a dancing item to entertain the gathering with the talents of our Leo sisters. The major challenge we faced during the installation ceremony was conducting it physically ensuring all the health and safety requirements due to the pandemic outbreak though it is somewhat calm. Therefore a lot of safety precautions were taken before and within the program but the excellent coordination, planning, and management among the members made the event an utter success.





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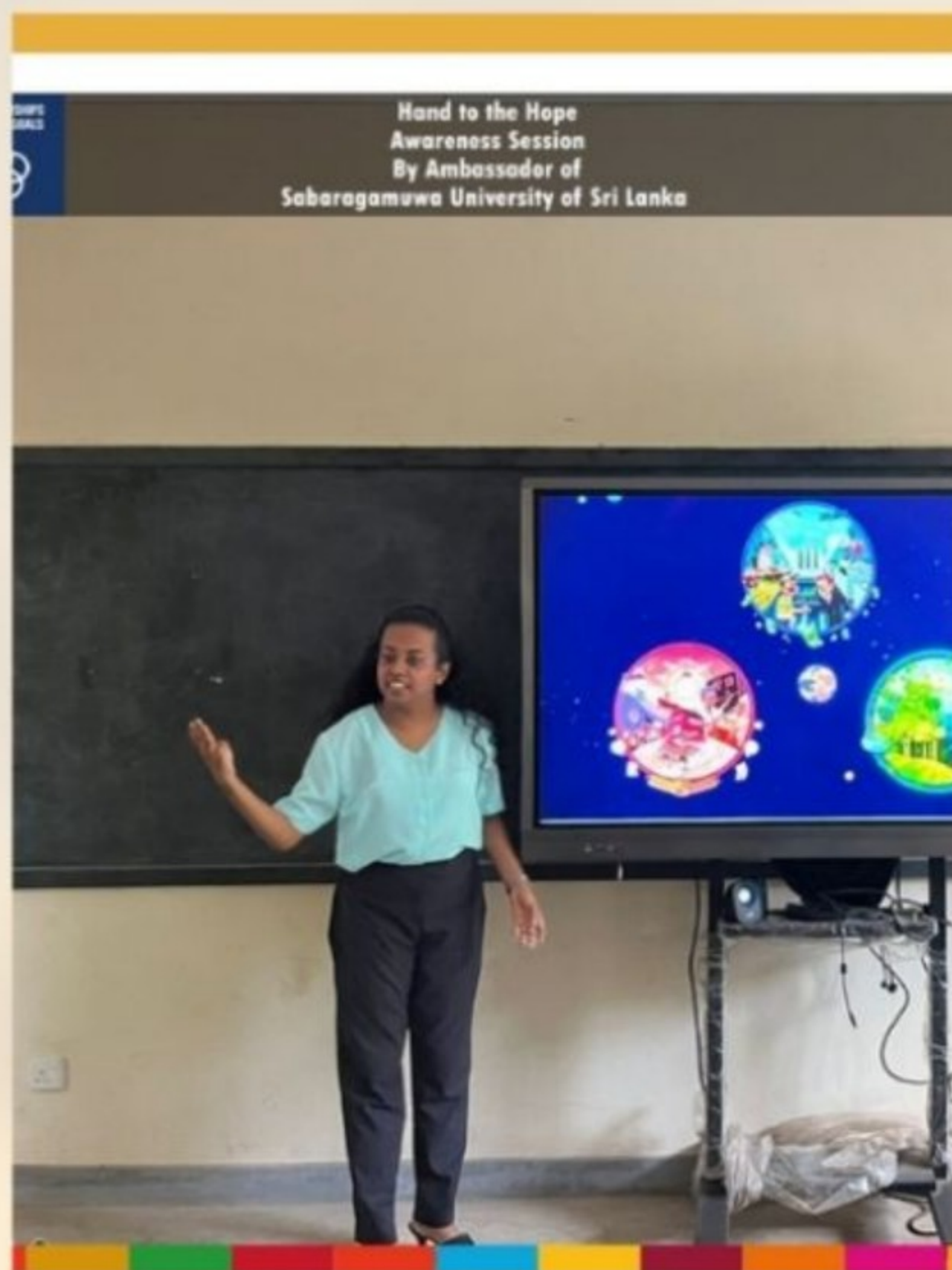
Hunger is not just a sense, it's emotion. As adults we some how bear that feeling rather than children. If they skip their meals continuously malnutrition will definitely hit them harder with bonus of other side effect diseases.

We, Sabra Leo's planned to be some support to school children's meal by doing a joint project with CBL Samaposha and 4GB while the whole nation going through economic crisis and fuel issue.

Because of the fuel issue and the limited stocks we had to distribute these products only around Colombo district. Giving prepared Samaposha aggala which enriched with Sri Lankan land cultivated nutrition when the break time to little kids were felt us heavy hearten of making their at least one meal rich.

Project for support nutrition of these children has designed under the Project for Community Service – Public relationship and convinced on 22nd and 29th August 2022. Mahabodhi Maha Vidyalaya, Colombo 10 and Viharamaha Devi Balika Vidyalaya, Colombo 10 were the schools we were able to distributed these products. The target age group was 6-16 years old and we successfully completed the project over 650 students as well.

HAND TO HOPE

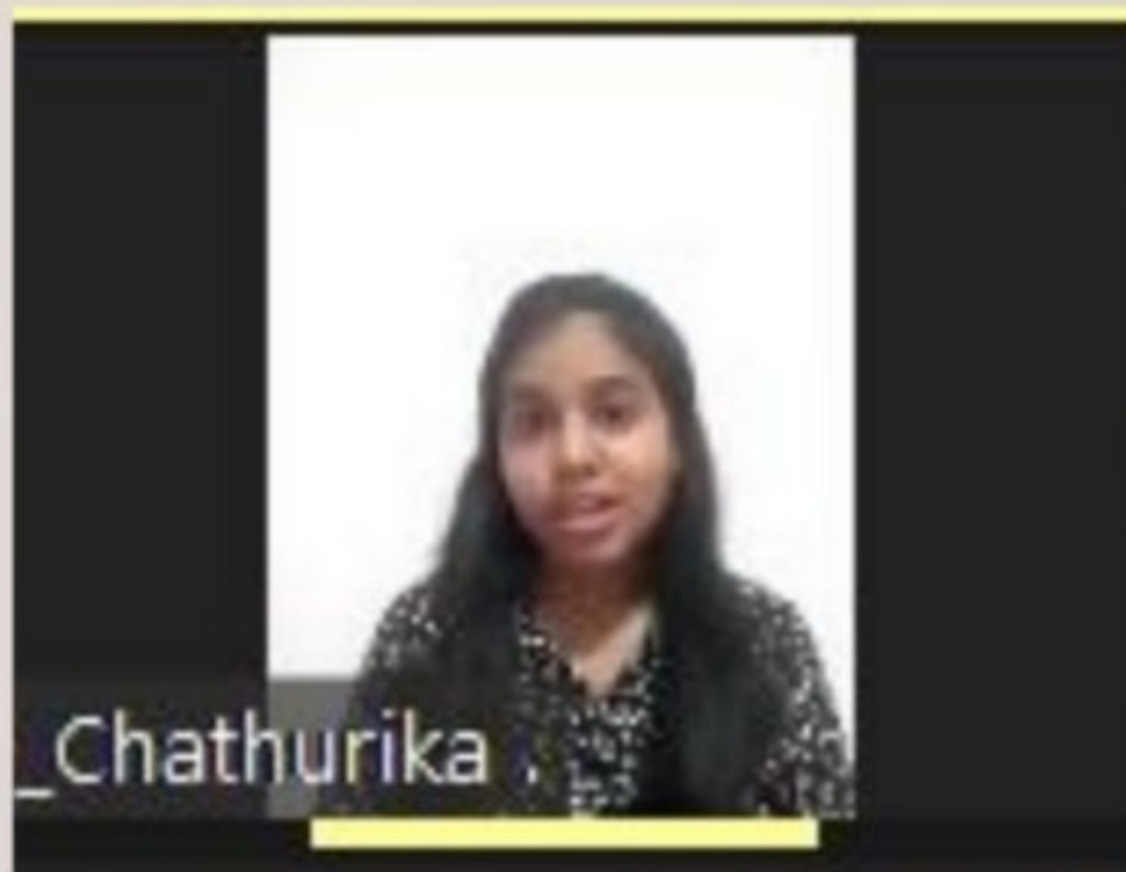
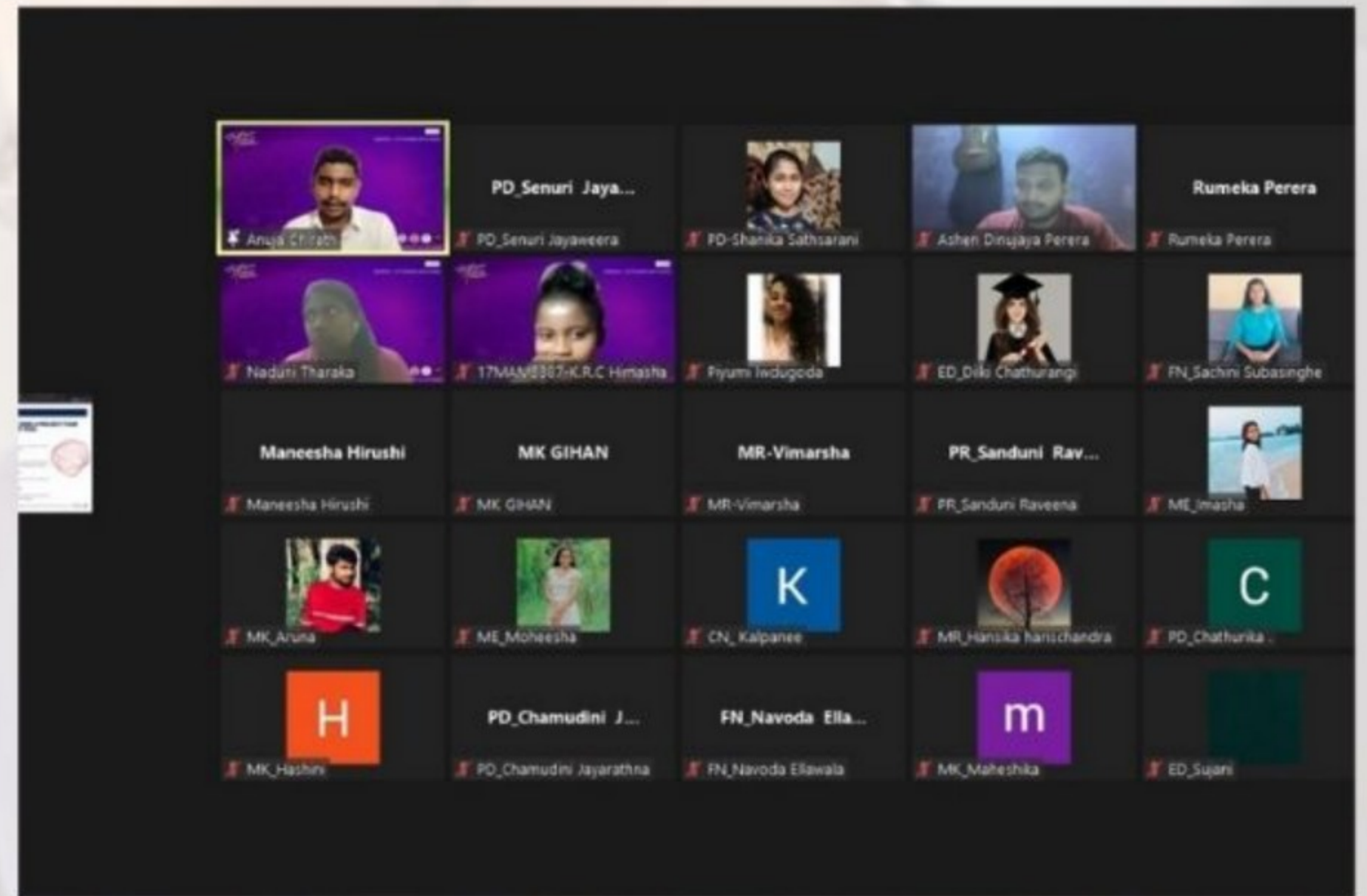
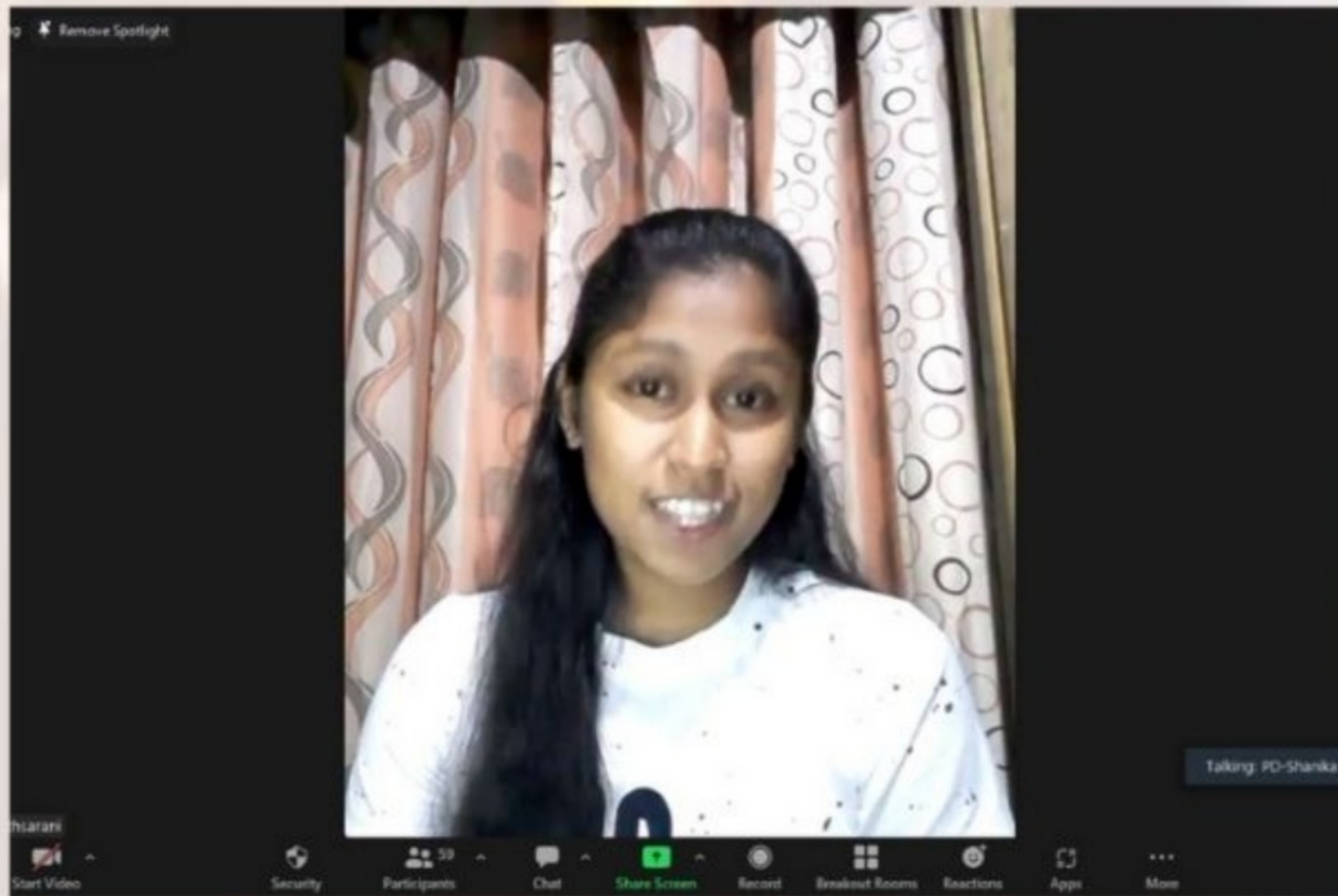


This project a was a joint project completed collaboration with the SDG17 Ambassadors of Sabaragamuwa University of Sri Lanka. This was successfully completed on 15th August in Meegoda Maha Vidyalaya which was aimed to provide the awareness and educate young schoolers regarding the Sustainability Development and Sustainable Partnership.

A special thank you to the SDG17 Ambassadors of Sabaragamuwa University of Sri Lanka for partnering up and providing the support for the success of the project.

Awareness is a key ingredient in success. If you have it, teach it, if you lack it, seek it!

"The Project Acquiry"



"The Project Acquiry" with the theme of Mastery to Unshackle the Hidden Self Creator was started this month with the purpose of improving and enhancing the 21st-century skills among the Members of the Leo Club of the Sabaragamuwa University of Sri Lanka and preparing them for the working environment.

As a first step of the project, we successfully conducted the 1st session virtually with the participation of leos and non-leos by introducing the project management tool, "Asana", in order to enhance the project planning, management, and documentation skills among the members. The eminent resource person for the session was Mr Anuja Chirath, the Executive Assistant to the MD, CEO of British Ceylon Capital, ARRC Capital Pvt Ltd and CEO of Drakon Solutions.

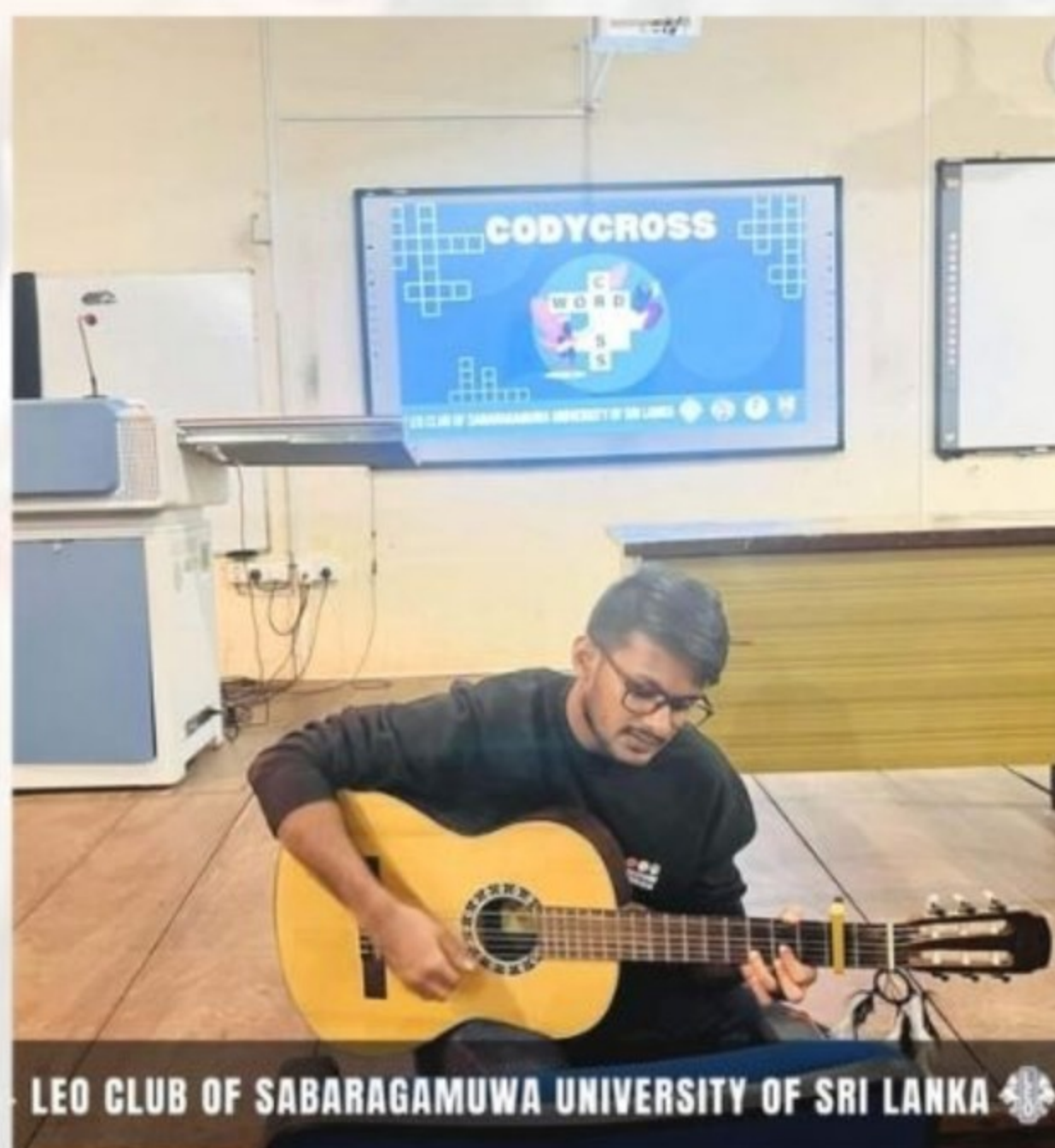
After the session, we received many positive comments and requirements from the participants to conduct these kinds of sessions more. So as a continuous project, we look forward to conducting exciting sessions tailored to members in the coming months, focusing on the skill areas they need to develop.

CODYCROSS

Crossword Puzzle Day on December 21st commemorates the birth of a challenging word game enjoyed by people around the world. Crossword, jigsaw, and sudoku puzzles all challenge our brains in different ways. Researchers have discovered that solving a puzzle requires the activation of both sides of the brain, which enhances memory, cognitive function, and problem solving abilities. People can stimulate their brains and develop a variety of talents by using puzzles.

Coinciding with that date, the "CodyCross" project, with the valuable contributions of all Sabraleos, was successfully completed on December 21, 2022 at the Faculty of Management Studies.

The members present that day were divided into groups and they were given the puzzle and given the opportunity to solve it cooperatively. At the end of the project, the members sang with joy. We were able to complete the project happily, collaboratively and successfully.



EDITORIAL NOTE



My team and I are beyond thrilled to present the first issue of STEER for the Leostic year 2022/2023 that is dedicated to exploring Christmas which gives absolute delight to everyone in the world. In this first issue, you can read essays and poetry about Christmas as well as details on our completed projects that will benefit both the club members and the community at large.

As the club editor, I would like to express my gratitude to all of our readers and contributors for helping to make this magazine a reality. I sincerely hope you enjoy reading STEER as much as we enjoyed creating this together. Your comments and suggestions would be very beneficial for us to publish a better volume in the upcoming month.

Thank you for joining us on this lovely journey.

- Leo Thathsarani Wijesundara -
Chief Editor

Editorial Panel



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