

STEER

GUIDE FOR THE BETTERMENT

APRIL
EDITION
2022

“Our greatest
glory is not in
never falling, but
in rising every
time we fall”
– Confucius –

LEAD
WITHOUT
TITLE

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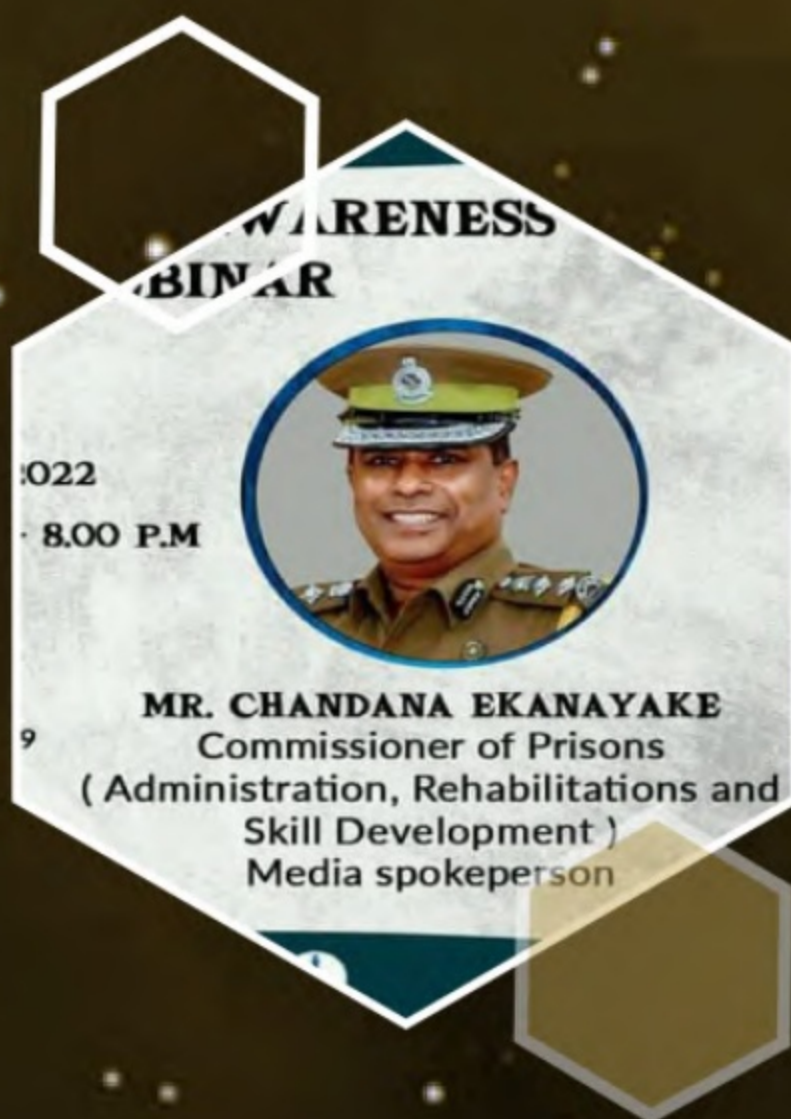
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Projects of Leostic Year 2021/22



Address 2022

We aimed to aware the school children about drug addiction and prevent them from their ages without engaging with drags and provide sound awareness to prevent their peers and the general public. We identified that awareness of drug addiction and prevention is not at a sufficient level among the school students. As Sabra Leos, we take the initiative to work on a project addressing this necessity which comes under the project category of drug prevention and rehabilitation.

Project Apeksha

As per the request from the community within the area and innovative ideas from project team members as a club we came up with the idea of dry rations to patients and donating deficit resources to the cancer unit of a rural hospital in Badulla. In particular, Sabra Leos made this endeavor to help the patients who are in a tight situation with the prevailing situation in the country. This project especially comes under the project category of the project for health, nutrition and food safety.



Project Diriya



Due to Covid 19 pandemic the whole nation is struggling to come back to the normal day-to-day routine. Lockdowns and economic recession have already led to a major loss of income among the working poor. Consequently, vulnerable communities has been pushed towards poverty and hunger becoming helpless and some of them are particularly in a situation where they cannot satisfy their essential needs on a daily basis. Hence, this current sensitive and emotional instance made us draw attention on this project called "Diriya". Therefore, our primary focus of this project was to make a significant effort to assist those people who are encountering severe financial hardships at the moment through providing a dry food pack. We were able to recognize 32 beneficiary families who resided in different areas across the country covering Colombo, Kalutara, Ratnapura, Galle, Matara, Hambanthota, Badulla, and Kagalle. The value of one pack was valued at approximately Rs. 3500.00 and also medicines were valued about Rs. 4000.00. We started distributing dry food packages to the beneficiary families commencing from 11th October 2021 to 13th October 2021 by having an enormous enthusiasm from Leo members. Finally, with a great satisfaction we ended the project successfully on 13th October 2021. We believe that this project could be concerned as one of the remarkable projects greatly accomplished by Sabra Leos in serving the community for the Leostic year 2021/22.



Project Siripa Athwela

Project Siripa Athwala was a joint project which focused on allowing people with special needs to worship the Sri Padhasthanaya which is worshipped by four major religions in the world and to clean the road to this most revered place. The project was conducted successfully. All parties were highly commended by the public and social media pages that heard of the project posted regarding the project praising this meritorious and unique initiative. Even the participants were grateful to the clubs and thanked for organizing such a project.

Elation 2022

Elation can simply be briefed as to the largest Talent Hunt in the History of Leo Multiple 306, Sri Lanka. We, Sabra Leos, got a chance to be a part of this wonderful project. It Opened for all the Leos in Sri Lanka, Elation provided the necessary platform to showcase one's hidden talents and mold them by giving value to them. Elation provided an opportunity of a lifetime for Leos from all across the country to showcase their talents and to be a part of an exceptional journey.



HAND TO THRIVE

-Career Development for Exceptional Growth-

There is a saying as "Invest in your professional development. Specialize... and team up with colleagues who have different strengths by a famous learning experience designer". With the inspiration of all these facts, we intended to organize a professional development program to groom our Leo members and university undergraduates to prepare them as abled graduates when stepping into to the corporate world, which was conducted over 04 months from November 2021 to March 2022. And for the ease of all the participants we planned to conduct 02 sessions per month, and then 08 sessions throughout the course period. Hence, primarily this project intended to improve the professional skills of our members and undergraduates of our university to mold themselves into well-round undergraduates.

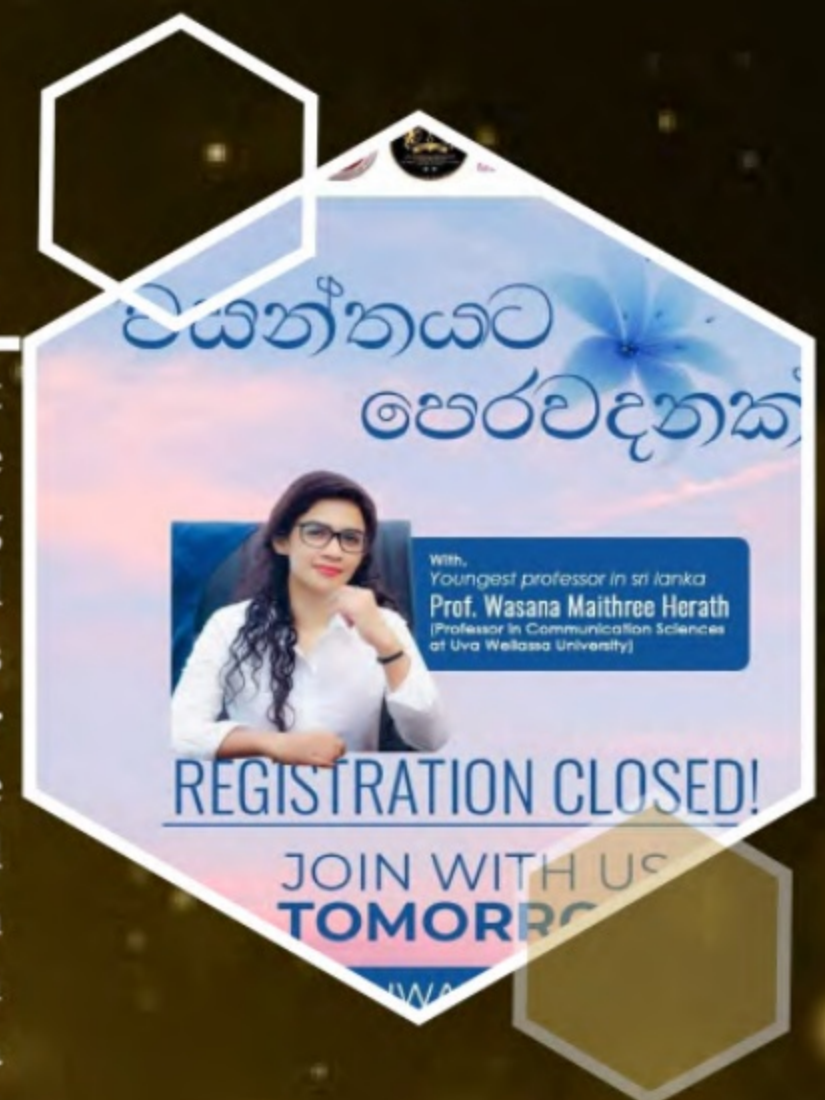


Season of Hopes

Leo Club of Sabaragamuwa University of Sri Lanka took a step to appreciate a set of people for their unbelievable service to the community. Under the project “Season of Hopes”, distributed dry food rations to people who work at Balangoda Municipal Council and also offered souvenirs to appreciate their hard work together with the Lions Club of Balangoda.

Wasanthayata Perawadanak

We Sabra Leos were able to contribute to a remarkable project organized by Leo Club of Athugalpura, Leo Multiple District 306. The primary intention of this project was to organize a webinar focusing on especially motivating students who have been unfavorably affected as a consequence of the pandemic situation. Thus, by addressing this key objective, Prof. Wasana Maithree Herath, the youngest professor in Mass Communication in the country was invited as the resource person of this project to motivate our youngsters on how they could boost themselves by successfully encountering the obstacles which would come their way amidst this situation. This motivational session was conducted on 15th September 2021 at 6.00 p.m. onwards via zoom by particularly targeting individuals who are in between 18-26. Prof. Wasana Herath shared invaluable facts with the participants to be added to their lives in abundance. There was a substantial number of participants joined the session which demonstrated how success this project was. Actually, it was a great pleasure for us also to be able to contribute to this joint project ultimately to make this event a success one.



SABRA RHYTHM 2021

We planned to do an entertainment session to decrease the stress level and also to provide a joyful moment for the people who stay at home. Importantly, we aimed to create a platform for the talented graduates and undergraduates of every faculty in the university to perform their skills by appreciating their talent as a volunteer organization. As a result of the dedication of all the club members, we were able to organize a wonderful night called “Sabra Rhythm 2021”. It was an entertainment program because it was a blend of dancing items, singing items, dramas, mimed plays, and live sessions. We mainly conducted this program through a zoom meeting but we shared the live session on Facebook as well. We were able to bring Sabra stars to the virtual sky including Nuwanga Samarasinghe, Kalana Madhubhashana, Greesha Udayangani, Madhuka Wijesinghe and Sonal Premalal. They did a tremendous job by coloring the night as guest singers. Hence, we are proud to say that we brought up all proud Sabra diamonds to rock our night and completed the project successfully with more compliments.



Project Hadagasma

This project aimed to serve differently-abled people at Camilla School which is located at Polgasowita. There are around 50 students who need guidance to empower their life. This project was conducted in 3 phases. A shramadana campaign, art competition and donated some paints for the building based on their requirement.

Project Haraya

The project Haraya was implemented by focusing on organizing a virtual program inviting five resource persons who represent different religions existing within the country to educate the youth on the importance of complying with such philosophies to attain a better lifestyle. The session was quipped with Theros, Fathers, Professors and Lecturers who have the required knowledge to deliver an exclusive comprehension of these religions.



Memory clicks

With the objective of opening up a way for people to take themselves through their memorable instances with friends around, the team has come up with the idea to organize a memory clicks competition where individuals were required to send a collection of photographs along with a caption. Finally, four individuals who gain the highest number of likes and shares were given gift vouchers.



Denagena Kanna (Social Media Awareness program)

We strived to be aware of the young people who are very active in social media. Our main objective is to provide sufficient information about the importance of food and why we shouldn't waste food because some people are dying from not having food to eat. Mainly we intended to publish creative content about food wastage and give a meaningful message to the audience not to waste food. Food Wastage is a serious matter when it comes to the present world. So as Sabra Leos, this is a small but hopeful try to reduce food wastage and create an unselfish sustainable future for all.

Sustaniya ' 21

The project was organized as a joint project with the participation of 25 Leo clubs, under the Responsible Consumption and Waste Management, Public Relationship and Research and Development project categories. The main objective of this project was to provide a basic understanding to the Leo and Non-Leo community of the sustainable development goals and the key role one has to play to achieve a sustainable world. Professor Jim Garrison, Founder and President of Ubiquity University was the guest lecturer.



Tribute for Warriors

Project "Tribute for Warriors" was conducted at Mihindu Seth Madhura, Attidiya. The project was conducted as a Joint service project conducted by Inter-District Leo Clubs in Leo Multiple 306. The project was organized by the Leo Club of Wickramasinghepura and conducted as Inter-District Project by joining hands with four other Leo clubs. Mihindu Seth Madhura (Abhimansala), Attidiya is a healing home that keeps those disabled war heroes for their medications and gives them a better place to stay comfortably while their medications. Hence this project was conducted for those War Heroes who are gravely disabled from the LTTE War and staying at Mihindu Seth Madhura to receive medication as they need continuous care and assistance.

Achievements of Sabra Leos



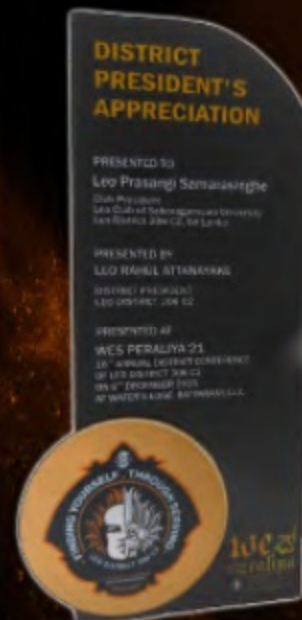
LEO ASHEN JAYATHUNGA
Most Outstanding Club Vice President
1st Runner Up



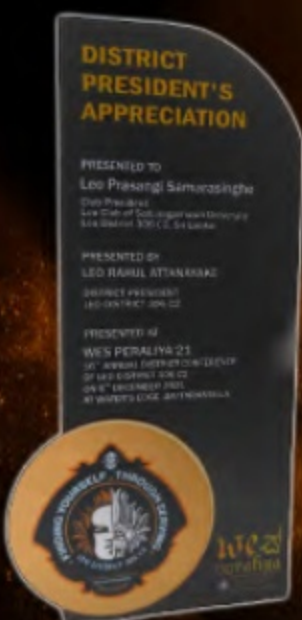
MR. ACHINTHA EKANAYAKE
Most Outstanding Staff Advisor
2nd Runner Up



LEO LIONIE MATARAGE
Most Outstanding Bulletin Editor
2nd Runner Up



LEO PRASANGI SAMARASINGHE
District President's Appreciation



LEO ASHEN PERERA
District President's Appreciation



SABRA LEOS
Most Outstanding University Based Leo Club
(Omega)
1st Runner Up



SABRA LEOS

Best Joint Inter - District Project
1st Runner Up
PROJECT - PIWITHURU SIRIPA



SABRA LEOS

Best Joint Inter - District Project
1st Runner Up
PROJECT - PIWITHURU SIRIPA



SABRA LEOS

Best Project for Woman Empowerment
1st Runner Up
PROJECT - SINGITHGMA



SABRA LEOS

Best Project for Drug Prevention and
Rehabilitation
PROJECT - Mathata Thitha
2nd Runner Up

SABRA LEOS

Best Joint Project with and Outside
Organisation
PROJECT - FREE TO LIVE

Best Joint Intra - District Project
PROJECT - COLOUR MY SIGHT

Best Joint Service Project
PROJECT - MANUDAM





**Presented to
Leo S.N.P.M.Samarasinghe
Leo Club of Sabaragamuwa University**



**Presented to
Best Orientation Program for New Leos
Winner
Leo Club of Sabaragamuwa University**



**Presented to
Net Growth in Membership
2nd Runner up-Leo Club of Sabaragamuwa University**



**Presented to
Best International Relations Program
2nd Runner-up
Leo Club of Sabaragamuwa University**



**Presented to
Most Innovative Project by a Leo Club
2nd Runner-up
Leo Club of Sabaragamuwa University**



**Presented to
TOP 07 LEO CLUBS (OMEGA CATEGORY)
Leo Club of Sabaragamuwa University**



Project Singithma

“When there’s teamwork & collaboration, wonderful things can be achieved”

We are immensely proud to announce that the Leo Club of Sabaragamuwa University of Sri Lanka was awarded for the project “SINGITHMA” as the “Best Project for Infrastructure Development” at Leo Multiple Awards 2021.

Raising as a Phoenix, we were able to level up the dignity of Sabra Leos through teamwork, commitment, support and effort, doing a great community service within one year. Here, we would like to gratitude for everyone who supported to bring Sabra Leos to the top along this journey.



FIND US ON LinkedIn

Sabra Leos

ALSO AVAILABLE ON




Leo Club of Sabaragamuwa University of Sri Lanka

To remark this new year 2022, we took another step forward by launching our official Sabra Leos LinkedIn account. This would be also helping us to reach out to you all in order to share our journey with you through a very unique way by producing the most creative and inspirable contents.

Now you can get in touch with us on LinkedIn.
Let's get up to serve the community!



FIND US ON Twitter

sabraleos

ALSO AVAILABLE ON



Len Club of Saharanimiwa University of Sri Lanka

To remark this new year 2022, we took another step forward by launching our official Sabra Leos Twitter account. This would be also helping us to reach out to you all in order to share our journey with you through a very unique way by producing the most creative and inspirable contents.

Now you can get in touch with us on Twitter.
Let's get up to serve the community!

A Collection of Memories



A year of unmatched experiences.

I am too delighted to say that the Leo Club of Sabaragamuwa University of Sri Lanka went through a year of unmatched experiences which took the Leo Club to its peak. I firmly believe that we could astonish the community through our service. Following the vision of “To build inspired citizens who lift the community by serving others while grooming themselves”, Sabra Leos have come across achieving many milestones throughout the journey. Our journey drove through committed leadership, authentic service, and true Sabra Leo identity. I would like to extend my regards to all the Leo Members, Advisors, District Exco, and everyone who was with us every time.

Leo Ashen Jayathunga
President



The journey of Leo has developed my leadership skills through the experience of working on various projects by realizing the power of action. Being in the Sabra Leo family has become a memorable part of my life which I would cherish forever and thank you STEER for finding out the best version of me.

Leo Lashika Viraja
Vice President



There is no magic we have done except hard work through which Sabra Leos could succeed so far. Whatever we have done is the result of teamwork. Always i am proud to be called a Sabra Leo.

Leo Fathima Shamra
Secretary



It's a great privilege to be a member of the Sabra Leo family. We have launched various projects with the aim of serving the community and I was able to give my maximum contribution for that. As a Sabra Leo, I have honed my leadership skills and gained valuable experience for my personal and professional life as well. Finally, I'm happy and thank you all the Sabra Leos. So, let's work together to uplift the club to the next level.

Leo Kaveesha Peiris
Chief Coordinator



Leo moment is a great blessing to me as a place that encourages youths to develop leadership qualities by serving the community. Being a part of the Leo family of SUSL has given me a meaning to the value of teamwork, hard work, motivation, and I am inspired by many individuals who are selflessly serving others. Thank you SabraLeos for making me a great person and I would forever be grateful.

Leo Mekala Amarasinghe
Director in Media



It has been a magical year with my Sabra Leo team. Gathered so many experiences and memories. As a very strong team, we were able to pass lots of obstacles, and hardships throughout the year and finally brought up our university name to the next level. I am so much grateful to everyone who has supported us to make this leostic year a remarkable one for Sabra Leos.

Leo Kavindi Dilsarani
Asst. Director in Media

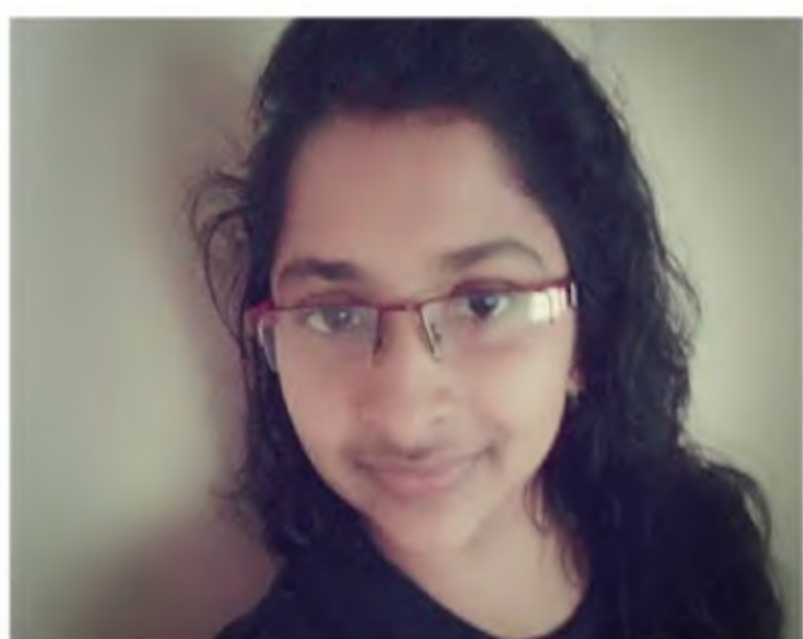


I had the opportunity to join the Leo Club of the Sabaragamuwa University of Sri Lanka because of my desire to serve the community and support the lives of others from an early age.

As the Director of Member Relations under the leadership of Leo Ashen Jayatunga, I am always delighted to be participating in this new chapter in Sabra Leos.

This experience added more color to my university life and enabled me to contribute to more projects. Through leadership, I was able to improve my experience and gain more opportunities. I think in our endeavor the change we hope to see in the world embodies the spirit of what is truly meant. Thanks #Sabra Leos. Thank you #Sabra Leos... I wish our Leo club of Sabaragamuwa University of Sri Lanka to thrive the success in level best in the future as well.

Leo Isuri Ilangakoon
Director in Member Relations



It is a great pleasure and honor to be a part of Leo family of SUSL. The opportunities i have received from this are priceless. Not only for the community but also it is a blessing for developing my skills as well. I'm delighted to thankeveryonewhoshowedmetherrightparthandsupported me to achieve maximum output throughout this journey

Leo Shashini Bulumulla
Editor



It was a valuable opportunity for me to be able to become a Sabra Leo since it has paved the way for me not only to serve the community but also to develop myself in terms of leadership and communication throughout this journey. Thank you everyone who supported me and I am grateful for everything received from the Sabra Leo family.

Leo Pemooli Rasangi
Asst. Editor



Holding a position as the director in finance I have gained a lot of experience by facing a lot of challenges. I have learned a lot and thank you Sabra Leos for making me a great person. I'm happy to be a part of the Leo family of Sabaragamuwa University of Sri Lanka.

Leo Heshan Dinuka Rangana
Director in Finance



“Leadership experience and opportunities”

That's what makes a Leo. so I'm very glad that, to be a part of the Leo family of SUSL. That Leostic year was very fruitful and I've grabbed so many new things by working with teams and handling teams. Throughout this amazing journey, Sabra Leo turns me into a whole new person So thanks for everything, as Leos, let's make this world a better place for everyone.

Leo Chandeepea Jayarathna
Director in Marketing



Joining the leoism was a totally unexpected decision at the same time could be mentioned as one of the turning points of my life. Over the two years that I have been a Leo, many leadership skills, experiences and opportunities have come into my life, making the meaning of Leo come true.

Leo Tharika Ganewaththa
Director in Public Relations



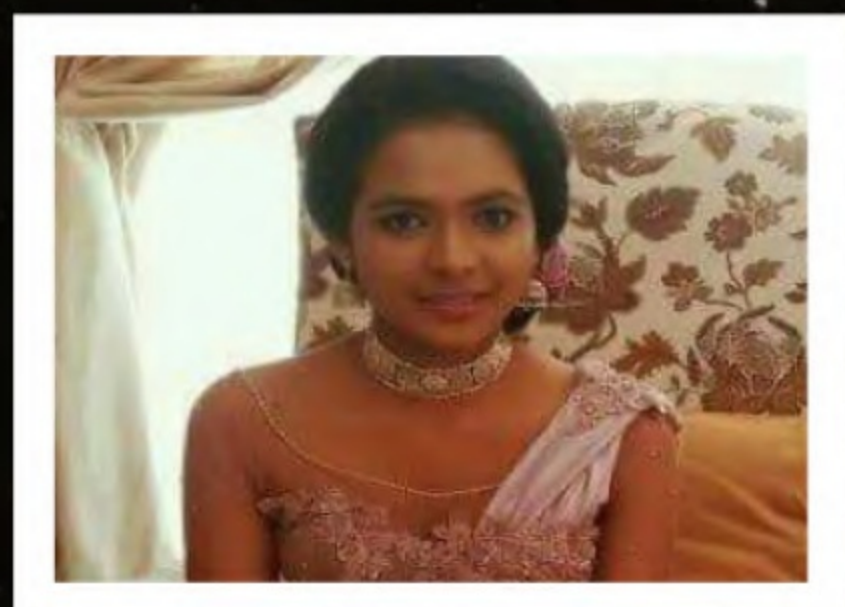
It's really a pleasure to me be a Leo member of Sabaragamuwa University Leo club and I could grab lots of positive things to uplift my life within the exclusive leostic year. I think this is the best place for every student who seeking universal knowledge and Leo will definitely complete your personal and career life. “ Be a Leo and do something to change the world “.

Leo Harsha Lakruwan
Asst. Director in Professional Development



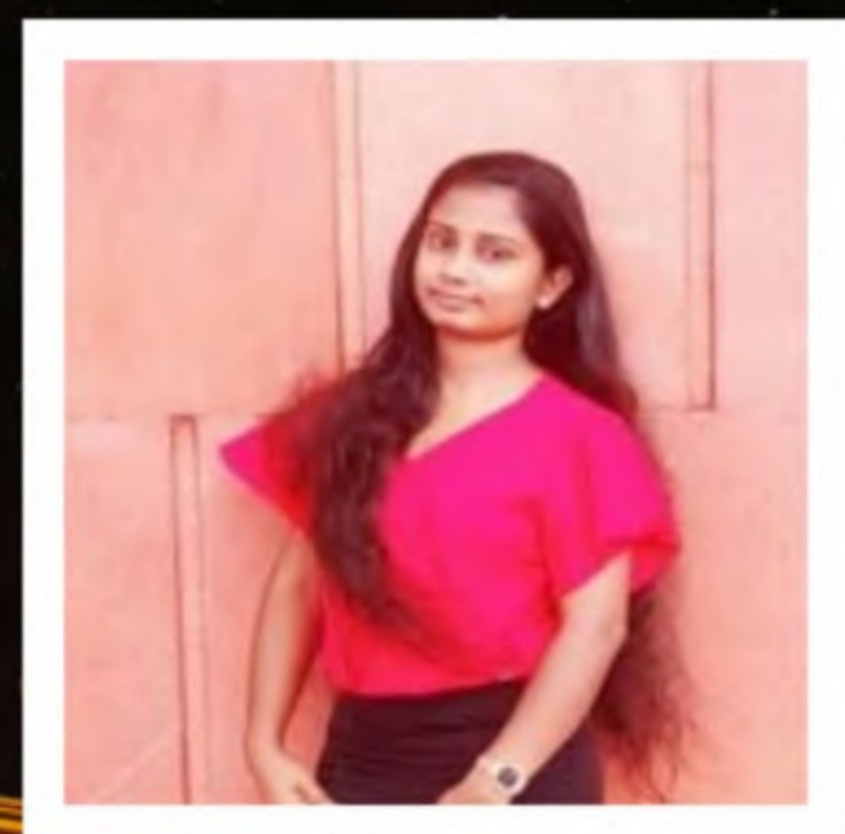
“The only way to learn about life is by living” and I got this as a Leo. Thanks to everyone who supported me to create wonderful memories. Let’s lead without titles!

Leo Chamil Ranathunga
Community Service Officer



Being a part of the Leo family of SUSL, I have gained a lot of things by engaging with many projects. I’m happy to be a part of the Leo family and thank you Sabra Leos for making me a great person...

Leo Udara Induwari
Community Service Officer



The past year has been a life-changing year for me. This is because of my Leo family who have become accustomed to looking at the world and the society around us from a different angle. And also I had a supportive team with more than 30 members to work as one small family. As a club services officer, I am humbled and proud of that. Finally, thank you so much my SUSL Leo Family for adding so many valuable experiences to my life.

Leo Nadeeshani Rathnayake
Club Service Officer



I got a lot of experience, knowledge, and fun from such a tremendous club of SUSL, & that was a wonderful opportunity for me to improve my leadership skills and personality. I sincerely thank Sabra Leo for providing me with the opportunity to support society to build a better future.

Leo Teesha Damapage
Environmental Service Officer



I think it's a fortune for us to be able to do something for the club and to help it with the Leo club. Team spirit through enabled us to face any challenge. I am happy to be a member of the Leo family. I will continue to extend my fullest support to the Leo club in future efforts.

Leo Lakmini Piyadasuni
Environmental Service Officer



Many people wished things to happen, but the Leo movement gave me an opportunity to make it happen. As a club, we always strive to do the best of best for the betterment of society. The best thing about leoism is, that it allows us to groom ourselves while serving Sabra Leos proved that leoism is far beyond doing community service projects. It feels amazing to be surrounded by such passionate young blood. That was an amazing journey...

Leo Ayesha Kuruppu
Treasurer

THANKING NOTE

The name of Sabra Leos did not appear overnight. It is always a collection of opportunities, challenges, achievements, obstacles, and experiences as well as the hard work of numerous individuals. There were a lot of people around us who guided us in the right direction. At the end of our marvelous journey, it is a great pleasure and honor to thank all the hidden heroes who gave their fullest contribution to making our journey a success. It is an immense pleasure to thank our Staff Advisor Mr. Achintha Ekanayaka, who took his first step to re-establish the club through a lot of barriers and became the strength of all of us. Also, we would like to convey our special thanks to Lion Sunil Obeysekara, Leo Advisor, Leo Club of Sabaragamuwa University of Sri Lanka.

Also, we like to extend our warmest thanks to the 2021/22 district Exco Committee of the Leo District 306C2, District President Leo Lion Hasindu Maharage, District Vice President Leo Lion Indunil Palihawadana, District Secretary Leo Dilkushi Athukorala and District Treasurer Leo Kalpa Sulakshana.

As well as Lion Dr. Lasantha Goonewardhana MJF, District chairman for Leos, Leo District 306C2 for the unmatched support which put towards Sabra Leos.

Also, all the lecturers including Prof. Athula Gnapala, Dean, Faculty of Management Studies, Sabaragamuwa University of Sri Lanka. Our thank goes to the Students' Union, Faculty of Management Studies, Sabaragamuwa University of Sri Lanka and other Leo Clubs as well. Last but not least, when we look into the previous Leostic year you all created extraordinary gratitude for the name of Sabra Leos, they were non-other than our immediate past president with the Executive Committee, Board of Directors and the club members. We do not have enough words in our vocabulary to say thank you all for your unmatched support. Please accept our heartfelt gratitude. And also we congratulate all the beautiful souls who are going to create the next level of Sabra Leos. Cheers for the glorious Leostic year 2021/22. Thank you!

EDITORIAL NOTE

Hello Everyone,

“We are the real heroes of the golden era created by Sabra Leos Itself and gifted to the community. With the passion of serving others, we are ready to end that extraordinary journey from now onwards”. I, Shashini Bulumulla the Editorial Director of Leo Club of Sabaragamuwa University of Sri Lanka Proudly present the final edition of the club newsletter STEER April edition 2022. I was delighted to express my thoughts as words within the pages of all the editions that we have published and it's time to say goodbye to the biggest responsibility I hold throughout this year. In our remarkable journey no doubt, me and my team tried to do our best to deliver better output for our readers. All the editions we have published were not a single effort of one person but a collection of talented, creative, and enthusiastic Leos in SUSL. I have to convey my heartfelt thanks to the people who were around me. Specially thank goes to my beloved Asst. Editor, Rasangi who has always been my shadow and took all the responsibilities when I'm not there. Next the most talented designers I ever knew Neranjan and Janith. Thank you for giving your time, talents, and skills to create marvelous pages in every edition. We have only met through online platforms and we never take it as a weakness but we converted it as a strength. I wish your true efforts in sleepless nights to create STEER will bring blessings for you one day. Last but not least I take this as an opportunity to convey my gratitude to the all-hidden heroes who are not mentioned by name but are dedicated to making STEER a reality. Cheers to Sabra Leos!

Thank you



Leo Shashini Bulumulla
Editor

Editorial Note

As the Assistant Editor of the Leo Club of Sabaragamuwa University of Sri Lanka for the leostic year 2021/2022, I am so much pleased to express that being a Sabra Leo has led me to receive valuable opportunities and among them which came my way, being appointed as the Assistant Editor could be recognized to be paramount for me because it provided me with the space to sharpen up my leadership and communication skills ultimately to be the person who I am today. Since this is going to be the last edition of this leostic year, it is obviously a great privilege for me to be able to share my thoughts as well.

Most importantly, as a hard-working and committed team, we have been able to come through a wonderful journey from the beginning up to date along with our newsletter STEER. In particular, STEER has been a fruitful place for Sabra Leos to showcase their skills and how competent they are in terms of content writing, drawing, poem writing, etc. I do believe that due to the tremendous cooperation exercised by each and every one of us even amidst different hardships that we had to encounter in certain instances, we were able to successfully come up with an impressive newsletter monthly by receiving compliments. Therefore, STEER can be simply defined as a result of great teamwork where we do strive our level best to take it forward constantly.

Finally, I would like to extend my heartfelt gratitude to each and every individual who joined hands with us to make STEER a great success. Let's continue and enrich this amazing work by following an exceptional manner.

Thank you!



Leo Pemooli Rasangi
Assitant Editor

Editorial Team



Chief Editor
Leo Shashini Bulumulla



Asst. Editor
Leo Pemooli Rasangi



Designer
Leo Janith Chathuranga



Designer
Leo Neranjan Jayaruwan



Leo Isuru



Leo Tharushi



Leo Chandeepea

Editorial Team



Leo Muweena



Leo Sajini



Leo Sanduni



Leo Gimhani



Leo Thathsarani



Leo Himasha



Leo Nilushika

S T E E R

G U I D E F O R T H E B E T T E R M E N T

APRIL
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sabraleos@gmail.com



Leo Club of SUSL



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