

STEER

GUIDE FOR THE BETTERMENT

DECEMBER
EDITION
2021



LEAD
WITHOUT
TITLE

D E C E M B E R

03 : International Day of Persons
with Disabilities

05 : International Volunteer Day

10 : Human Rights Day

Most Outstanding Staff Advisor
2ND RUNNER UP
Mr. Ashantha Hanayake
Leo Club of Sabaragamuwa University



Presented at
New Branch 12
34th Annual Conference
of Leo District 306C2
27th of December 2021, Venue: V.Edge International



Achievements of Sabraleos

At Wes Peraliya'21, 16th Annual Leo Club District
Conference of Leo District 306 C2



LEO ASHEN JAYATHUNGA
Most Outstanding Club Vice President
1st Runner Up



MR. ACHINTHA EKANAYAKE
Most Outstanding Staff Advisor
2nd Runner Up



LEO LIONIE MATARAGE
Most Outstanding Bulletin Editor
2nd Runner Up



LEO PRASANGI SAMARASINGHE
District President's Appreciation



LEO ASHEN PERERA
District President's Appreciation



SABRA LEOS
Most Outstanding University Based Leo Club
(Omega)
1st Runner Up



SABRA LEOS

Best Joint Inter - District Project
1st Runner Up
PROJECT - PIWITHURU SIRIPA



SABRA LEOS

Best Joint Inter - District Project
1st Runner Up
PROJECT - PIWITHURU SIRIPA



SABRA LEOS

Best Project for Woman Empowerment
1st Runner Up
PROJECT - SINGITHGMA



SABRA LEOS

Best Project for Drug Prevention and
Rehabilitation
PROJECT - Mathata Thitha
2nd Runner Up

SABRA LEOS

Best Joint Project with and Outside
Organisation
PROJECT - FREE TO LIVE

Best Joint Intra - District Project
PROJECT - COLOUR MY SIGHT

Best Joint Service Project
PROJECT - MANUDAM





Leo Ayesha Kuruppu

2022 Begins! A Fresh and Clean Start!

It's like having a big white sheet of paper to draw on! A day full of possibilities! Draw a good one!

It is my pleasure to congratulate each of you for stepping up to continue serving our esteemed Leo Club of Sabaragamuwa University of Sri Lanka in the upcoming year 2022.

It feels amazing to be surrounded by such passionate young blood.... As a club, we always strive to do the best of best for the betterment of society. The best thing about Leoism is, it allows us to groom ourselves while serving.... SabraLeos proved that leoism is far beyond doing community service projects... "STEER" itself witnesses that.... I am honoured and privileged to announce the December edition of our official newsletter to all. This will be a loving gift for those seeking new knowledge. I wish you all the very best for the year 2022 to have another great headstart in your life journey

Leo Ayesha Kuruppu
Club Treasurer (2021/2022)

Leo Club of Sabaragamuwa University of Sri Lanka

C

01 Hand to Thrive

O

02 Talk with Isuru

N

03 December Cartoon

T

04 Puzzle Joy

E

05 Monthly Articles

N

06 Editorial Note

T

07 Editorial Panel

HAND TO THRIVE



Mr. SANJEEV JAYARATNAM

Transformational Coach & Corporate Trainer,
Choral Conductor, Actor, Author

“Leadership is the ability to turn a vision into a reality”. The global COVID-19 pandemic has created considerable issues for undergraduates at all levels. As a consequence, students can benefit from virtual coaching and virtual leadership sessions. Even in a pandemic situation, developing leadership abilities is a never-ending effort. We must, however, make effective use of this time in order to add significance to our lives. Despite the fact that we have all focused on the terrible aspects of the pandemic, there is also some good news. Undergraduates have more time to concentrate on building their soft skills in order to reach their future goals in terms of education. Developing leadership abilities in undergraduates is critical for a successful career and personal growth. It gives them the courage to speak out for themselves. Undergraduates in Sri Lanka receive their high education at no cost because it is a free education. Undergraduates were isolated at home and used work-from-home methods due to the COVID-19 pandemic.

We discovered that many of them are out of practice in terms of strengthening their soft skills mindset. Importantly, the main difficulty here is that they do not have a method to improve the soft skills that they own.

As the Sabaragamuwa University of Sri Lanka's Leo club, we identified the issue and decided to hold a virtual leadership workshop to help our students develop their personalities and prepare them for successful jobs in the future. In order to address this issue effectively, we initiated a project



Flora TCF



called 'Hand to thrive' by Professional Development team with the purpose of grooming our undergraduates with soft skills and the professional qualifications which are essential for the co-operate sector. This is a continuous project which consist of eight (08) programs. Due to this pandemic situation, to ensure the health protection of the undergraduates and others we decided to do the leadership sessions on an online platform (via zoom). To develop the soft skills of the undergraduates during the pandemic, the ideal platform we selected as virtual sessions.

As the second session, this leadership session was done by the team 02 on 10th of December 2021 at 7.00 PM onwards with the title of "Unlock your full potential". We made the decision as Sabra Leos to share the expertise and experience of an outstanding personality. Thus, the guest speaker of the second session of this virtual workshop was Mr. Sanjeev Jayarathnam, transformational coach, corporative trainer, and choral director in Sri Lanka. This endeavor aimed to motivate undergraduates to develop their soft skills along with personality. On the day of the session, we started our session on time with 130+ participants and also, we broadcast the session as Face Book live on Sabra Leos Face Book page. Absolutely, it was an impressive session equipped with a valuable knowledge sharing. Particularly, during the session, we received many positive comments about the session with no delay or technical problems and also we were able to successfully complete the project with the support of resource staff, Leos and participants.



Talk
with
Isuru



We are pleased to unfold the fourth chapter of the entrepreneurial article series from the December edition of the STEER magazine to encourage young entrepreneurs in our university and the community. As this month's young entrepreneur, we are introducing Janith Chathuranga, who is a final year Marketing Management undergraduate of the Sabaragamuwa University of Sri Lanka. He is the owner of the unique fish breeding business named "Koi Friend", which he is currently promoting through both Physical and Virtual platforms. As Mr. Janith has taken a different approach away from the usual path in his business model, we interviewed him to talk about this uniqueness of his business with insight about his life as an entrepreneur, what it has been like working in the small business sector, and finally any advice he has for other budding young entrepreneurs.

How did you initially start the business and how did you get the idea to start your entrepreneurial business?

I had a particular interest in pets specially fish. So from my childhood in our house, there was a fish tank so from those days I was keen to keep pet fish. So I can say initially this breeding has started as a hobby and to continue this hobby I started to experiment breeding of fishes through the use of the knowledge I had through self-learning from various sources.

What are the resources you had to start your entrepreneurial journey or the business?

When I initially started the business as a hobby I didn't have many of the needed resources for breeding. But for the initial breeding of fish and taking eggs, I needed a kind of larger tank as I only had the fish tank for our pet fishes at home. So I built a tank in our back yard with the resources I could find in our house. After the initial breeding I was able to sell my first set of small calves' within 20 days so from the money I earned from my initial sales I was able to set up my second tank.

How did you manage your time to do all these things, like to have time for family, time for your business, and also if possible to have a "me time"?

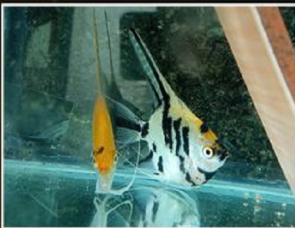
Time is a very crucial factor for any business. Since I have started the business around one and a half years I never got to handle the business in a scenario where I



have to go to university. Since we are currently in a hybrid model and learning from home I have plenty of time for my studies, business and all. Also, I'm getting a huge help from my father and brother in the business-related activates.... so I can say now it's kind of turning into a family-run business I guess.

What kind of greatest fears did you have when starting your entrepreneurial business, how had you overcome them?

When starting the business, the main factor or the fear that concerns me is I had never done the breeding of fishes or taking their eggs. So initially, I was afraid of thinking that I could not do the process well or will my knowledge be enough for all of this. Then after taking eggs there was not sure that calves will be bread from these eggs. When I felt I successfully bread fishes after 10 to 15 days I saw the capacity of the tank is not enough then again fear started to settle down what I'm going to do now. Then I started searching whether I can sell small premature calves in the market and discovered there is a market for them as well. So now I can say I'm counting my business mainly focuses on selling small premature fish.



What is the main fact that motivates you to build and continue your business every day?

The main reason or a factor that motivates me to start and carry on my business activities is my interest/hobby in the fish & breeding area from a young age. And in this pandemic period since we are mostly confined to our homes I thought why don't I try to convert my hobby to a business I can help my family as a young adult without solely depending on them.

As per you what are the qualities of a good entrepreneur?

According to my point of view, to be a good entrepreneur people need positive thinking and risk-taking ability first of all when doing their business. They should have the mindset whatever happens or whatever obstacle we face we should not give up what we step forward to do halfway.

How did you define success? How long do you think it takes you to find success?

People usually tend to think success is earning more profits and having more customers. And I believe profit is not the success factor if you provide a good quality product and then make your customers happy and satisfied then that is the true success of the business. And same as that I believe being satisfied and being happy with whatever we are doing is also a major success factor.



What is the uniqueness of your business?

The uniqueness of my business is, at first I started the business as an ordinary fish breeding business but with the specialized opportunity I found in the market, Koi Friend is mainly focusing on breeding and selling small premature fishes to the market. And with this uniqueness, I'm looking forward to growing my business into a fish farm in the future.

What kind of advice you can give to other budding entrepreneurs, who are a start-up or currently building their business and for the undergraduates who are dreaming to become an entrepreneur and start their businesses?

The advice I have to give them is first of all when we are doing something we should

initiate to do something we like or we are interested in but not something everyone is doing, otherwise won't be able to be successful in our businesses. As well as, always money or earning a profit should not be the primary motive at least at the initial stage of our businesses. We have to be patient and ambitious as startups and budding entrepreneurs to make our business successful and start making plans and strategies to establish it in the market

and make a name for ourselves. Always be confident in your ability and what you are doing that will eventually bring you to success.

You can reach Mr. Janith through his Business Facebook pages directly.

FB: @Koi Friend [Pet Shop]

Spices: SL Koi (Calf), Angle, Zebra, Betta fish Varieties

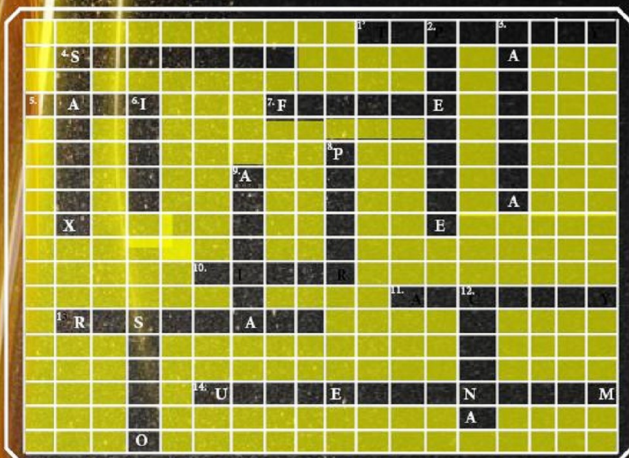


DECEMBER CARTOON



-Leo Sajini Satharasingha-

Puzzle Joy



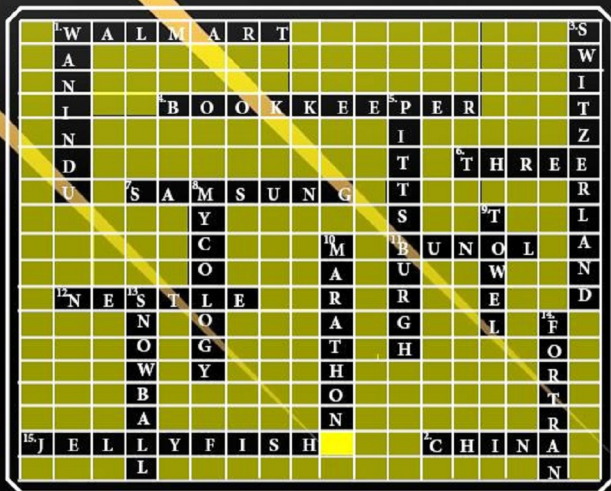
Across

1. The layout of a computer network stands for
4. What ingredient is included in food in a Florentine style?
5. A new model in achieving the Green Accounting hotels are in
7. Which country gifted the "Statue of Liberty" to USA in 1886?
10. The second largest organ in human body
11. Which fish is the main ingredient of Scotch Woodcock?
13. The orders can take to keep someone under control or prevent from someone from Doing something is called?
15. Which country is not a member of the Nordic Council?

Down

2. In tennis, what piece of fruit is found at the top of the men's Wimbledon trophy?
3. American singer Stefani Joanne Angelina Germanotta is best known by which Stage name?
4. The first successful vaccine was introduced by Edward Jenner in 1796. Which disease Did it guard against?
6. The youngest female pilot in the world is from which country?
8. The second most poisonous fish in the world
9. L. Frank Baum who is the author of "The Wonderful Wizard of Oz" is from which Country?
12. What is the most famous Mexican beer?
14. "The birth of Venus" one of the popular paintings in the world was drawn by?

Answers for the Puzzle of November Edition



Across

- The largest retail store in the world
- Which country is the most tourist popular destination in Asia?
- What English word has three consecutive double letters?
- How many hearts does an Octopus have?
- What is the name of the biggest technology company in South Korea?
- In which Spanish city is the "La Tomatina" feast held, during which the famous fight Takes place
- Most popular dairy brand in the world
- What type of creature is a Pacific Sea Wasp?

Down

- Number one T20 bowler in current rankings
- Which country is known as the "Playground of Europe"?
- Which city is known as the "City of Bridges"
- What is the study of mushrooms called?
- What gets wet while drying?
- What is the old name for the snickers bar before it changed in 1990?
- It is a ball that does not bounce. What is it?
- The oldest coding language

STEER will be continuing for the Leostic year 2021/22 particularly addressing International Days that have been declared in the United Nations (UN) calendar. UN designates special days each with a topic to make aware of the certain instance of such special days action on the issues. These special days offer many opportunities to organize activities related to a specific theme.

International Days selected for December;

03rd December - International Day of Persons with Disabilities

05th December - International Volunteer Day

10th December - Human Rights Day

Topics of the articles for the selected days,

Leadership and participation of persons with disabilities toward an inclusive, accessible and sustainable post-COVID-19 world

(කොරෝනා ව්‍යංගතයෙන් පසු නිර්සාර ලෝකයක් උදෙසා විශේෂ අවශ්‍යතා සහිත පුද්ගලයින්ගේ සහභාගිත්වය සහ නායකත්වය)

Promoting the participation of persons with disabilities and their leadership (විශේෂ අවශ්‍යතා සහිත පුද්ගලයින්ගේ නායකත්ව ප්‍රවර්ධනය කිරීම)

Volunteer for an inclusive future

(විශිෂ්ට අනාගතයක් උදෙසා ස්වේච්ඡාවෙන් පෙළඹැරුණු)

Make change happen, volunteer

(ලොවට පරිවර්තනයක් වෙනසක් සිදු කරමු)

Equality

(සමානාත්මතාවය)

Stand Up for Human Rights

(මානව අයිතිවාසිකම් වෙනුවෙන් නැගී සිටීම)

PROMOTING THE PARTICIPATION OF PERSONS WITH DISABILITIES AND THEIR LEADERSHIP

Are they disabled or differently able? What do you think? As per the data of the World Bank Group, 15% or one billion of people living in the world experience some form of disability. This amount is certainly huge. Although they may have various disabilities, they may also have some other skills that they are truly good at. Should we waste those skills and shouldn't we give them opportunities?

People may have various types of disabilities like vision impairment, deaf or hard of hearing, mental health conditions, intellectual disabilities, acquired brain injury, or physical disabilities. At present, we can see various special schools and training institutes that look after and train these disabled persons worldwide. They are taught various things from behaviors to various occupations that they can master to help them to gain income and have a good life. However, the problem is that although they are trained and able to do a job, they rarely get opportunities to do a job because the companies do not like to hire such people as their employees due to various issues. Also, even though they get self-employed by doing garments, handicrafts, singing, or any other thing they are unable to find a market and gain a sufficient income.



Hence, they get demotivated and not interested in doing jobs to earn income. Eventually, they expect help from others and do begging for their living.

As a result of this situation worldwide, the United Nations have taken steps to promote disabled persons' participation and their leadership by the 2030 Development Agenda. They work on the theme to empower the disabled persons for inclusive, equitable, and sustainable development to be implemented aligning to the 17 Sustainable Development Goals. They commit with the statement; 'leave no one behind'. The government can take steps to enhance various projects to promote the leadership and participation of disabled people. Therefore, they will be able to improve their skills, have a normal life by engaging in a job or being self-employed and ultimately it will help

to the development of the country too. Apart from that, the companies and other institutes also can align this to their companies by letting these people uplift their lives and giving them opportunities to increase their participation and leadership. In Sri Lanka, currently, few organizations have taken steps to hire disabled people by letting them show their skills, take leadership, and overall help the organization to achieve its targets. Motivational programs, skill training and development programs, self-employment training guides, leadership training campaigns and many other activities can be implemented to encourage disabled people. Anyone cannot do anything alone and

it can be only done by getting together. Hence, as responsible citizens, we can get together to help these disabled people to be differently able by letting them know that they are not alone. Numerous campaigns and activities can be organized individually, organizationally, or countrywide to promote their participation and leadership. They also have the right to live as normal humans. Hence, let us band together to assist them and make their lives as well as our mother earth more beautiful.

- Leo Tharushi Dananjana -



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- Leo Sandamali Dissanayake -

Volunteer for an inclusive future

Volunteering is vital because it allows people to help others without expecting anything in return. It is a great way for someone to interact with others in their community. The effects of volunteering can range from having many helpful characteristics. For the future generation, we must take responsibility for the necessary changes to create a better future. Volunteerism must be encouraged, recognized, and promoted if communities and the world are to have a more fair and inclusive future.

The amazing thing is that the volunteers make many different things around the world. Our society has benefited from the generosity of volunteers of all ages. Volunteerism affects the community in several ways. Voluntary work enhances the social connection between different sectors. They build a bridge connecting government, business, and employees. Volunteering has a tremendous impact on the global economy and the future of all people. Volunteering encourages people to become more involved in civic involvement and civic responsibility. Volunteering provides some public services, encourages more individuals to work in the public sector, aids in improving young educational performance, promotes

19 STEER | DECEMBER EDITION



sustainable development, solves environmental problems, and responds to climate change, among other things. Volunteering has a significant impact on volunteers as individuals, allowing them to improve their self-esteem, develop new skills and capacities, broaden their job options, and live a healthier physical and mental life. All in all, volunteerism has a huge impact globally.

Furthermore, speaking of volunteerism, it is like a bridge connecting the present and the future sustainability of the world. Volunteers help people change their minds by raising awareness about them, promoting them, and inspiring others to do the same. If we want to achieve an inclusive future, all we have to do is empower volunteerism. It will influence every direction that needs to be reached to achieve a sustainable and inclusive future. Volunteer for inclusion., Volunteer for the future. Volunteer for yourself.

- Leo Tharika Ganewatthe -
Director in Public Relations

VOLUNTEER FOR AN INCLUSIVE FUTURE

Volunteering provides a better opportunity to change our own lives and the lives of people who are living in this society. It always provides the satisfaction that we try to achieve all the time. It means volunteering gives us more opportunities to help the people who may not be able to help themselves. We cannot define the value that came from volunteering by using any single word. It always gives us self-satisfaction that we cannot achieve by doing any other thing. Not only that factor, but volunteering is also a way of giving back to our society while improving our social skills and collecting valuable working experience all at the same time.

In every society, we cannot find a particular place where all the things in a perfect way. Therefore, most people have paid attention to doing voluntary activities to give happiness to people who need any help from others. Here a group of people or individuals get together to take charge of our lives and contribute a little of our time and energy for helping others. Other than that, there are so many advantages of getting involved in voluntary activities by sacrificing a few hours of our day to clean up the



local community park, religious place, hospital, school, etc; we can take a lifetime of happiness in some people's life. As I think, gathering a group of people and building a home for a family who lives on the streets, gives us more satisfaction and that happiness cannot be achieved from winning a lottery. At the same time, it is a great way of interacting with others in society. In addition, we can meet new people and gain more friends in our lives. Through that, we can identify others' problems, ideas, necessities, etc. It will help us to engage in more voluntary activities. Finally, as humans, if we can do any single activity for our society, it will affect the whole society in one day. My view is that

most people are thinking about doing and coordinating large campaigns for gaining social prestige. However, the real purpose of doing voluntary activities is not to gain any social prestige. It should always be focused on doing meaningful things for society. We do not want to wait for large campaigns to engage with voluntary activities. If you can plant a new tree at least once a year, that will benefit all of us. If most of the people around the world can get together for these valuable opportunities, definitely we can build a great future for all.

Let's join and make the world a better place...

- Leo Nilushika Sandeepani -

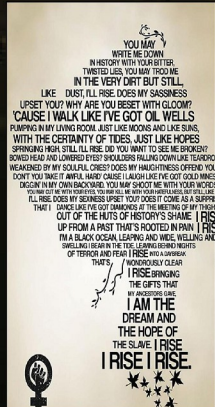


Still I Rise

You may write e down in history
With your bitter, twisted lies
You may tread me in the very dirt
But still, like dust, I'll rise

Does my sassiness upset you?
Why are you beset with gloom?
Cause I walk like I've got oil
wells
Pumping in my living room

Just like moons and like suns
With the certainty of tides
Just like hopes springing high
Still I'll rise



- Leo Senuri Gunasekara -
Director in Professional Development

EQUALITY

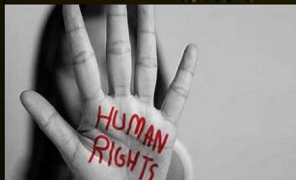


There are many definitions for the term Equality. But simply Equality can be defined as treating everyone the same, treating everyone according to their needs or treating everyone nicely. It is also the notion that no one should be having equal opportunities in life because of how they were born, where they came from, what they believe, or whether or not they have a disability. Equality can take a variety of forms. It may be legal, natural, civil, political, social, economic or international equality. Regardless of the matter of how men differ in terms of physical characteristics, psychological traits, mental ability, and capacities, all humans must be treated equally. Despite the social class, gender, religion or ethnic groups that the people are represented, they must be treated equally. When considering about an employee, they should have fair and adequate opportunity for work and earn for their livelihoods. Finally, the disparity between rich and poor people should be kept to a minimum. In today's context, achieving equality has become one of the sustainable development goals and it is possible and desirable to ensure that everyone leads a dignified life. Reduced inequality requires radical transformation. Extreme poverty and hunger must be eradicated, and more investment in health, education, social protection for the sake of everyone in the society is needed.

Let's get together and build a society that admires equality...

Leo Gimhani Perera

STAND UP FOR HUMAN RIGHTS



“There are many inalienable human rights and human governments are formed to protect them”, this is an excerpt from the great history of the building of the United States of America and it obviously depicts how people are keen on fighting on behalf of gaining their rights which are owned from birth, even in the far of history. But the question remains in the world whether every man has the freedom to have his rights as it seems everywhere still some people are suppressed without having their rights because of faulty values of society such as social status, gender, races, religions, etc. And they force adversely to destroy the rights of humans to have education, to live, to marry and many other things.

Though many countries have put laws to protect human rights and though there are many international organizations to protect human rights still human rights are distracted even in a sample, common situations for an instance, it

24 STEER | DECEMBER EDITION

was highly disgusted by many people the suppressed with many attacks of police while they were screaming on behalf of their rights. At the same time still in some countries, women can't engage in political matters and they do even have not a right to express their ideas and also to have education even, though laws have been legislated on behalf of human rights. That is the deprivation of freedom as well as the destruction of rights. That is why many futile wars took, takes and will take place in the world. As Maya Angelou has mentioned in her poem, the caged bird's song which is referred to the screaming of suppresses people on behalf of their rights is still heard by the distant hills where no one lives and they look at the society with revenge feelings. So what we have to do is to stand up



Maya Angelou

for human rights as many people have become desperate without having no one to listen to their screams and they are still suppressed as their sound will be harmful to them a back like nightmares. We have to just make people aware of this social discrimination and as well as social disparity, deprivation of freedom because it'll be useful to reduce the destruction of human rights. As well as, it is important to follow the laws which are legislated by the governments. As well as, donating to good organizations, protesting inequalities and supporting suppressed people may help to make a world without the destruction of human rights.

- Leo Chathuri Prabadhani -
Asst. Director in Public Relations



මානව අයිතිවාසිකම් වෙනුවෙන් නැගී සිටීම

මිනිසෙකු ලෙස මෙලොව ඵලිය දකින නිසාම උප්පත්තියෙන් අපට හිමිවන වටිනා සම්පත් වන්නේ මානව අයිතීන්ය. පෞද්ගලික ජීවිතය වර්ධනය කර ගනිමින් ගෞරවාන්විතව ජිවත් වීමට සමාජයෙන් මිනිසාට ලැබෙන කොන්දේසි මානව අයිතීන් ලෙස පැහැදිලි කළ හැකිය. මානව හිමිකම් වල උත්පත්තිය දර්ශනය තුළින් සිදුවී ඇති බව කාගෙන් පිළිගැනීමයි. රාජ්‍යය හඳුන්වා දෙනු ලබන විට මානව අයිතිවාසිකම් කිරීමට මානව අයිතිවාසිකම් සාප්පු හෝ වක්‍රව රාකුලක් වන බව නියතය. මානව අයිතිවාසිකම් යනු යුතුකම් බව මහත්මා ගාන්ධි තුමා විසින් ප්‍රකාශ කර ඇත. මින් අදහස් වන්නේ මෙම මානව අයිතිවාසිකම් නිර්වචනයක් හැරී බවයි. අනිත්‍යයේදී ලොව සෑම මිනිසෙකුටම මෙම අයිතිවාසිකම් එක සේ ක්‍රියාත්මක නොවූ අතර එම පිරිසෙන් සුළු පිරිසක් පමණක් මෙම අයිතීන් භුක්ති විඳි ඇත. කෙසේ වෙතත් නූතන රාජ්‍ය සංකල්පයත් සමග සෑම මිනිසෙකුටම එක සේ සැලකිලි ලැබුණි. මෙම මානව අයිතිවාසිකම් තුළින් මිනිසාට ලැබෙන සහන ලෙස මිනිසුන්ගේ

මූලික අවශ්‍යතා සපුරාලීම, ලොව පුරා දිවි ගෙවන අවදානමට ලක් වූ පුද්ගල කණ්ඩායම් අපයෝජන විමෙන් ආරක්ෂා වීම, මිනිසාගේ ප්‍රජාතන්ත්‍රවාදය සුරැකීම, සමාජ දූෂණ ක්‍රියාවලියට එරෙහිව නැගී සිටීම, කැමති ආගමක් ඇදහීමට අයිතිය, කැමති අයෙකුට ආදරය කිරීමට ඇති අයිතිය, රැකියා අවස්ථා ලබා ගැනීමට ඇති අයිතිය, අධ්‍යාපන කටයුතු නමත් කැමති පරිදි කිරීමට අයිතිය, පරිසරය ආරක්ෂා කිරීම වැනි එකී මෙකී කියු කරුණු පැහැදිලිව දැක්විය හැක. මානව අයිතිවාසිකම් පුද්ගලයින්ගේ අනුවණ කම මත, නුවණැතිකම මත දෝලනය වන දත්තක් වැනිය. කුල මල හේද, පක්ෂ විපක්ෂ හේද, ජාති ආගම් හේද මත වර්තමානය වන විට මානව අයිතිවාසිකම් තර්ජනයට ලක්ව ඇත. මානව අයිතිවාසිකම් වලින් ප්‍රකට වන්නේ ප්‍රජාතන්ත්‍රවාදයයි. මානව අයිතිවාසිකම් අතර ඇති වැදගත්ම අයිතිවාසිකම් මූලික අයිතිවාසිකම් ලෙස දැක්විය හැකිය. මෙලෙස වර්තමානය වන විට උල්ලංඝනය වෙමින් පවතින මානව අයිතිවාසිකම් වෙනුවෙන් නැගී සිටීම බාල තරුණ, මහලු සැවොමගේම යුතුකමක් හා වගකීමක් බව අප අමතක නොකළ යුතුය. මන්ද එය මිනිසාගේ යහපිවනයට බොහෝ සේ උපකාරී වන තේමාවක් වන බැවිනි. මානව හිමිකම් කඩවීමේදී අපට ඒ



පිළිබව දැනුවත් කළ හැකි ආයතනයන් ලෙස මානව හිමිකම් කොමිෂන් සභාව දැක්විය හැකිය. මෙහිදී අභියාචනාවක් මගින් අපට අවශ්‍යවන යුක්තිය ඉටු කර ගැනීමට අවස්ථාව ලැබෙනු ඇත. තවද මානව හිමිකම් යන වචනය අසා තිබුණත් එය පිළිබඳව නිසි අදහසක්, සංකල්පයක් නැති පුද්ගලයින් දැනුවත් කිරීම වැනි ක්‍රියාදාම මගින් ශිෂ්ට සම්පන්න සමාජයක් කරා නුදුරෙදීම අපගේ රටට බලාපොරොත්තුවක් ලබා දීම අත්‍යාවශ්‍ය බව මාගේ මතයයි. එය අන් සැමගේම මතය විය හැක.

මෙම මාතෘකාව වර්තමානය වන විට සමාජයේ බොහෝ කථිකාවට ලක් වුවද, එය අවබෝධයෙන් කථිකාවට ලක්වීම ඉතා මන්දගාමීව සිදු වෙයි. මෙම විප්ලවයට දැනුම ඇති, අවබෝධය ඇති සියල්ලන්ම උපකාර කළ යුතුය. පූර්ණ අවබෝධයක් ඇති මිනිසුන් තුළ මෙම මානව අයිතිවාසිකම් නිවැරදිව පිළිපැදීම යන සංකල්පය ඇති වී, මාගේ රටෙහි සඳාචාරාත්මක බව, දියුණුව, විනය දෙගුණ තෙගුණ වේවායි යන්න මාගේ ප්‍රාර්ථනයයි.

- Leo Hansika Harishchandra -



Editorial Note



Chief Editor
Leo Shashini Bulumulla

Hello Everyone,

It is a great pleasure for me and my team to present the 5th edition of the club newsletter “STEER 2021/22”. As the Chief Editor of the Leo Club of Sabaragamuwa University of Sri Lanka, I’m delighted to express my thoughts as words within the pages. Throughout our remarkable journey no doubt, we try to do our best for the club as well as the community. Hence, we build a platform called STEER for club members to present their skills. We think, from the beginning, itself STEER has been an amazing gift to our club. But still, we try to develop what we have and what we are doing right now. Every month we add different articles under selected themes to STEER to make an awesome experience for the readers as well. Like previous editions, STEER 2021/22 December edition focuses on International days related to the month of December that has been designated in the United Nations calendar. STEER December edition is another huge step of our club and as always STEER means a collection of talented, creative and enthusiastic Leos in SUSL. This edition also proves the hard work of the team STEER and I take this as an opportunity to thank my team as well. I would like to convey my gratitude to the all-hidden heroes who are not mentioned by name but dedicated to making STEER a reality. Enjoy reading. Your comments and suggestions will be highly appreciated. Thank You!

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