

YEAR III SEMESTER II TIMETABLE (SSM)
DEPARTMENT OF SPORTS SCIENCES AND PHYSICAL EDUCATION
FACULTY OF APPLIED SCIENCES
SABARAGAMUWA UNIVERSITY OF SRI LANKA
2017/2018 Batch
From 06.02.2023 to 16.04.2023

Time	Monday	Tuesday	Wednesday	Thursday	Friday
6.00 - 7.00	SSM 32001 LS + D (SV)		SSM 32001 LS + D (SV)		SSM 32001 LS + D (SV)
8.00 - 10.00	SSM 32202 Specialization of a Selected Sport - Part 1	SSM 32202 Specialization of a Selected Sport - Part 1	SSM 32202 Specialization of a Selected Sport - Part 1	SSM 32203 TPL (LT 204)	SSM 32202 Specialization of a Selected Sport - Part 1
10.00 - 12.00					
12.00 - 13.00	Lunch				
13.00 - 14.00	SSM 32214 RDAM (LT 204)	SSM 32207 PPW (LT 104)	SSM 32209 PPW (LT 204)		SSM 32208 PPW (LT 204)
14.00 - 15.00				SSM 32110 WAWS (LT 104)	
15.00 - 16.00	SSM 32205 SJO (LT 204)	SSM 32213 SO (LT 104)	SSM 32111 WAWS		SSM 32204 AWSC (LT 104)
16.00 - 17.00			SSM 32106 TPL	SSM 32112 TPL	
SSM 32001	General Fitness			: Mr. L. Sarmilan (LS)	
SSM 32202	Specialization of a Selected Sport - Part I			: Coordinator / Mr. L. Sarmilan & Mrs. SJMMJ Samarakoon	
	Football			: Dr. S. Joniton (SJO)	
	Netball			: Mrs. T.P. Liyanage (TPL)	
	Badminton			: Mr. P.D.D.I. Gunathilaka (PDDI)	
	Karate			: Ms. KIU Kodagoda (KIU)	
	Swimming			: Mrs. RDAM Somarathne (RDAM)	
	Athletics			: Mr. S. Jeganenthiran (SJ)	
	Weightlifting			: Mrs. SJMMJ Samarakoon (SJMMJ)	
	Judo			: Mr. S. Othalawa (SO)	
	Table Tennis			: Dr. A.W.S. Chandana (AWS)	
	Volleyball			: Mr. G.R.A.C. Gamlath (GRAC)	
SSM 32203	Advance practicum			: Mrs. T.P. Liyanage (TP)	
SSM 32204	Research Methodology			: Dr. AWS Chandana (AWSC)	
SSM 32205	Sociology of Sports			: Dr. S. Joniton (SJO)	
SSM 32106	Guidance and Counseling			: Mrs. T.P. Liyanage (TP)	
SSM 32207	Sport Law			: Mr. P.P. Weerakkody (PPW)	
SSM 32208	Sport Management			: Mr. P.P. Weerakkody (PPW)	
SSM 32209	Human Resource Management			: Mr. P.P. Weerakkody (PPW)	
SSM 32110	Test and Measurements			: Mrs. WAWS Rupasinghe (WAWS)	
SSM 32111	Success in Sports			: Mrs. WAWS Rupasinghe (WAWS)	
SSM 32112	Sport Education Model & Game Sense Approach			: Mrs. T.P. Liyanage (TP)	
SSM 32213	Strength and Conditioning			: Mr. S. S. Othalawa (SO)	
SSM 32214	Sport Journalism			: Mrs. R.D.A.M. Somarathne (RDAM)	

Dr. A.W.S. Chandana

Head / Department of Sports Sciences and Physical Education

Prof. E.P.N. Udayakumara

Dean / Faculty of Applied Sciences

YEAR III SEMESTER II TIMETABLE (SSM)
DEPARTMENT OF SPORTS SCIENCES AND PHYSICAL EDUCATION
FACULTY OF APPLIED SCIENCES
SABARAGAMUWA UNIVERSITY OF SRI LANKA
2017/2018 Batch
From 06.02.2023 to 16.04.2023

Time	Monday	Tuesday	Wednesday	Thursday	Friday
6.00 - 7.00	PED 32001 LS + D		PED 32001 LS + D		PED 32001 LS + D
8.00 - 10.00	PED 32202 Specialization of a Selected Sport - Part 1	PED 32202 Specialization of a Selected Sport - Part 1	PED 32203 WKDSA	PED 32202 Specialization of a Selected Sport - Part 1	PED 32202 Specialization of a Selected Sport - Part 1
10.00 - 12.00					
12.00 - 13.00	Lunch				
13.00 - 14.00		PED 32205 PPW (LT 104)	PED 32210 PPW (LT 204)		PED 32207 LWR
14.00 - 15.00					
15.00 - 16.00	PED 32204 SJO (LT 204)	PED 32211 SO (LT 104)	PED 32112 WAWS	PED 32106 WAWS	PED 32208 AWSC (LT 104)
16.00 - 17.00			PED 32113 TPL	PED 32109 TPL	

PED 32001	General Fitness	Mr. L. Sarmilan (LS)
PED 32202	Specialization of a Selected Sport - Part I	: Coordinator / Mr. L. Sarmilan & Mrs. SJMMJ Samarakoon
	Football	: Dr. S. Joniton (SJO)
	Netball	: Mrs. T.P. Liyanage (TPL)
	Badminton	: Mr. P.D.D.I. Gunathilaka (PDDI)
	Karate	: Ms. KIU Kodagoda (KIU)
	Swimming	: Mrs. RDAM Somarathne (RDAM)
	Athletics	: Mr. S. Jeganenthiran
	Weightlifting	: Mrs. SJMMJ Samarakoon (SJMMJ)
	Judo	: Mr. S. Othalawa (SO)
	Table Tennis	: Dr. A.W.S. Chandana (AWS)
	Volleyball	: Mr. G.R.A.C. Gamlath (GRAC)
PED 32203	Practicum - Level IV	: Mrs. WKDSA Wickramarachchi (WKDSA)
PED 32204	Sociology of Physical Education	: Dr. S. Joniton (SJO)
PED 32205	Sport and Education Law	: Mr. P.P. Weerakkody (PPW)
PED 32106	Sport Facility Design	: Mrs. W.A.W.S. Rupasinghe (WAWS)
PED 32207	Management Process in Physical Education	: Mrs. RDAM Somarathna (RDAM)
PED 32208	Research Methodology	: Dr. AWS Chandana (AWSC)
PED 32109	Sport Education Model & Game Sense Approach	: Mrs. T.P. Liyanage (TP)
PED 32210	Human Resource Management	: Mr. P.P. Weerakkody (PPW)
PED 32211	Strength and Conditioning	: Mr. S. Othalawa (SO)
PED 32112	Success in Sports	: Mrs. WAWS Rupasinghe (WAWS)
PED 32113	Guidance and Counseling	: Mrs. T.P. Liyanage (TP)

Dr. A.W.S. Chandana
Head / Department of Sports Sciences and Physical Education

Prof. E.P.N. Udayakumara
Dean / Faculty of Applied Sciences

Sabaragamuwa University of Sri Lanka
Faculty of Applied Sciences
Department of Sports Sciences & Physical Education
Year II Semester II Timetable PED (2018/2019)
(From 06.02.2023)

Time	Monday	Tuesday	Wednesday	Thursday	Friday
6.30 - 7.30	PED 22001 LS + D (SV)		PED 22001 LS + D (SV)		PED 22001 LS + D (SV)
8.00 - 09.00	PED 22105 KMIUB + D SV	PED 22104 SO + D SV	PED 22102 SJO + D SV	PED 22207 WKDSA + D SV	PED 22110 WKDSA + D SV
09.00 - 10.00					PED 22209 VL/MW
10.00 - 11.00					
11.00 - 12.00					
12.00 -13.00	LUNCH.				
13.00 - 14.00	PED 22115 RARP (LT 104)	PED 22212 HACS	PED 22114 SO (LT 104)	PED 22106 TPL (LT 104)	PED 22103 SU + D SV
14.00 - 15.00	PED 22311 SO (LT 104)		PED 22113 NSD (LT 101)		
15.00 - 16.00			PED 22208 WKDSA (LT 104)		
16.00 - 17.00		CPE 2201			PED 22212 (Practical) HACS
PED 22001	General Fitness			: Mr. L. Sarmilan (LS)	
PED 22102	M.C.S.A.P. & P. in Cricket			: Dr. S.Joniton (SJ)	
PED 22103	M.C.S.A.P. & P. in Rugby			: VL / Dr. MAS Udayanga (MAS)	
PED 22104	M.C.S.A.P. & P. in Judo			: Mr. S. Othalawa (SO)	
PED 22105	M.C.S.A.P. & P. in Table Tennis			: VL/ Mr. KMIUB Kulathunga (KMIUB)	
PED 22106	Comparative Physical Education			: Mrs. TP Liyanage (TPL)	
PED 22207	Practicum - Level II			: Mrs. WKDSA Wickramarachchi (WKDSA)	
PED 22208	Physical Education in Pre-school & Primary Schools			: Mrs. WKDSA Wickramarachchi (WKDSA)	
PED 22209	Sport Nutrition			: Ms. Maheshini Wimalathunge (MW)	
PED 22110	Dance			: Mrs. WKDSA Wickramarachchi (WKDSA)	
PED 22311	Theory and Methodology of Sports Training			: Mr. S. Othalawa (SO)	
PED 22212	Basic Statistics & Introduction to Statistical Software			: Mr. HACS Hapuarachchi (HACS)	
CPE 2201	Professional English IV			: Ms. Murangi Jayasinghe	
PED 22113	German Language - Part II			: Dr. NSD Paranavithana (NSD)	
PED 22114	Spanish Language - Part II			: Mr. S. Othalawa (SO)	
PED 22115	Chinese Language - Part II			: VL/ RARP Maduwanthi (RARP)	

SV – Sport Venue

Dr. A.W.S. Chandana
Head / Department of Sports Sciences and Physical Education

Prof. E.P.N. Udayakumara
Dean / Faculty of Applied Sciences

Sabaragamuwa University of Sri Lanka
Faculty of Applied Sciences
Department of Sports Sciences & Physical Education
Year II Semester II Timetable SSM (2018/2019)
(From 06.02.2023)

Time	Monday	Tuesday	Wednesday	Thursday	Friday
6.30 - 7.30	SSM 22001 LS + D SV		SSM 22001 LS + D SV		SSM 22001 LS + D SV
8.00 - 09.00	SSM 22105 KMIUB + D SV	SSM 22104 SO + D SV	SSM 22102 SJO + D SV		
09.00 - 10.00					
10.00 - 11.00				SSM 22210 WAWS (LT 302)	SSM 22208 VL / MW
11.00 - 12.00					
12.00 -13.00	LUNCH				
13.00 - 14.00	SSM 22113 RARP (LT 104)	SSM 22209 HACS	SSM 22112 SO (LT 104)	SSM 22206 VL / CPA	SSM 22103 MAS + D SV
14.00 - 15.00	SSM 22307 SO (LT 104)		SSM 22111 NSD (LT 101)		
15.00 - 16.00		CPE 2201	SSM 22209 (P) HACS - Com. Lab		
16.00 - 17.00					
SSM 22001	General Fitness			: Mr. L. Sarmilan (LS)	
SSM 22102	M.C.S.A.P. & P. in Cricket			: Dr. S. Joniton (SJO)	
SSM 22103	M.C.S.A.P. & P. in Rugby			: VL / Dr. MAS Udayanga (MAS)	
SSM 22104	M.C.S.A.P. & P. in Judo			: Mr. S. Othalawa(SO)	
SSM 22105	M.C.S.A.P. & P. in Table Tennis			: VL/ Mr. KMIUB Kulathunga (KMIUB)	
SSM 22206	Sport Psychology			: VL/A.M.G.C.P. Adikari (CPA)	
SSM 22307	Theory and Methodology of Sports Training			: Mr. S. Othalawa (SO)	
SSM 22208	Sport Nutrition			: Ms. Maheshini Wimalathunge (MW)	
SSM 22209	Basic Statistics & Introduction to Statistical Software			: Mr. HACS Hapuarachchi (HACS)	
SSM 22210	Sports Physiology			: Mrs. WAWS Rupasinghe (WAWS)	
CPE 2201	Professional English IV			: Ms. Murangi Jayasinghe	
SSM 22111	German Language - Part II			: VL/ Dr. NSD Paranavithana (NSD)	
SSM 22112	Spanish Language - Part II			: Mr. S. Othalawa (SO)	
SSM 22113	Chinese Language - Part II			: VL/ RARP Maduwanthi (RARP)	

SV - Sports Venue

Dr. A.W.S. Chandana
Head / Department of Sports Sciences and Physical Education

Prof. E.P.N. Udayakumara
Dean / Faculty of Applied Sciences

Timetable (Practical) : Year I Semester I - 2020/2021 Batch
B.Sc. Degree(Honours) Physical Education (PED)
Department of Sports Sciences and Physical Education
Faculty of Applied Sciences - Sabaragamuwa University of Sri Lanka

From 13.02.2023 To 19.03.2023

Monday	Tuesday	Wednesday	Thursday	Friday
7.00 - 8.00	7.00 - 8.00	7.00 - 8.00	7.00 - 8.00	7.00 - 8.00
PED 11101 SJMMJ + D SV		PED 11101 SJMMJ + D SV		PED 11101 SJMMJ + D SV
8.30 - 10.00	8.00 - 10.00	8.30 - 10.00	8.00 - 10.00	8.30 - 10.00
PED 11204 (P) SJ + D	PED 11303 (P) Gymnastic AWSC + D	PED 11303 (P) Swimming RDAM + D	PED 11202 (P) SO + D	PED 11303(P) Volleyball GRAC + D
10:00 - 12.00	10:00 - 12.00	10:00 - 12.00	10:00 - 12.00	10:00 - 12.00
PED 11204 (P) SJ + D	PED 11303 (P) Gymnastic AWSC	PED 11303 (P) Swimming RDAM + D	PED 11202 (P) SO + D	PED 11303 (P) Volleyball (GRAC)
Lunch Break				
13.00 - 14.00	13.00 - 14.00	13.00 - 14.00	13.00 - 14.00	13.00 - 14.00
14.00 - 17.00	14.00 - 17.00	14.00 - 17.00	14.00 - 17.00	14.00 - 17.00
PED 11207 (P) Anatomy Lab HWUS			PED 11206 (P) Anatomy Lab HWUS	

PED 11101	General Fitness I	: Mrs. SJMMJ Samarakoon (SJMMJ)
PED 11202	Fundamental Motor Skills Development	: Mr. S. Othlawwa (SO)
PED 11303	Foundation of Movement Skill Acquisition (Gymnastic)	: Dr. A.W.S. Chandana (AWSC)
	Foundation of Movement Skill Acquisition (Swimming)	: Mrs.RDAM Somarathne (RDAM)
	Foundation of Movement Skill Acquisition (Volleyball)	: Mr. GRAC Gamalath (GRAC)
PED 11204	Foundation of Movement Skill Acquisition in Athletics (Track Events)	: Mr. S. Jeganenthiran (SJ)
PED 11206	First Aid and Injury Prevention in Sports	: Mr. HWUS Jayasinghe (HWUS)
PED 11207	Human Anatomy and Physiology	: Mr. HWUS Jayasinghe (HWUS)

Dr. A.W.S. Chandana
Head / Department of Sports Sciences and Physical Education

Prof. E.P.N. Udayakumara
Dean / Faculty of Applied Sciences

Timetable (Practical) : Year I Semester I - 2019/2020 Batch
B.Sc. Degree(Honours) Sport Sciences & Management (SSM)
Department of Sports Sciences and Physical Education
Faculty of Applied Sciences - Sabaragamuwa University of Sri Lanka

From 13.02.2023 To 19.03.2023

Monday	Tuesday	Wednesday	Thursday	Friday
8.00 - 10.00	8.00 - 10.00	8.00 - 10.00	8.00 - 10.00	8.00 - 10.00
SSM 11106 SJ + D SV	SSM 11105 RDAM + D	SSM11104 AWSC + D	SSM 11107 NHS + D SV	SSM 11108 GRAC SV
10:00 - 12.00	10:00 - 12.00	10:00 - 12.00	10:00 - 12.00	10:00 - 12.00
SSM 11106 SJ + D SV	SSM 11105 RDAM + D	SSM11104 AWSC + D	SSM 11107 NHS + D SV	SSM 11108 GRAC SV
Lunch Break				
13.00 - 14.00	13.00 - 14.00	13.00 - 14.00	13.00 - 14.00	13.00 - 14.00
14.00 - 17.00	14.00 - 17.00	14.00 - 17.00	14.00 - 17.00	14.00 - 17.00
SSM 11210 Anatomy Lab HWUS	SSM 11202		SSM 11103 Anatomy Lab HWUS	

SSM 11202	Foundation of Professional Development	: Coordinator / Mr. HACS Hapuarachchi (HACS)
SSM 11103	Foundation of First Aid in Sport - Practical	: Mr. HWUS Jayasinghe (HWUS)
SSM11104	Movement Concept, Skill Analysis, Performance and Practices in Gymnastics	: Dr. AWS Chandana (AWS)
SSM 11105	Movement Concept, Skill Analysis, Performance and Practices in Swimming & Life Saving	: Mrs. RDAM Somarathne (RDAM)
SSM 11106	Movement Concept, Skill Analysis, Performance and Practices in Athletics (Track Events)	: Mr. S. Jeganenthiran (SJ)
SSM 11107	Movement Concept, Skill Analysis, Performance and Practices in Basketball	: Mr. N.H. Samarathunge (NHS)
SSM 11108	Movement Concept, Skill Analysis, Performance and Practices in Volleyball	: Mr. GRAC Gamlath (GRAC)
SSM 11210	Human Anatomy - Practical	: Mr. HWUS Jayasinghe (HWUS)

Dr. A.W.S. Chandana
Head / Department of Sports Sciences and Physical Education

Prof. E.P.N. Udayakumara
Dean / Faculty of Applied Sciences

Department of Sports Sciences and Physical Education
Semester Timetable Year II Semester I (2019/2020) - Theory (PED)
From 06.02.2023 to 07.04.2023(Online)

Time	Monday	Tuesday	Wednesday	Thursday	Friday
8.00 - 09.00	PED 21203 WKDSA	PED 21302 (Basketball) NHS	PED 21101 SJO	PED 21302 (Soccer) SJO	
09.00 - 10.00	PED 21203 WKDSA				
10.00 - 11.00		PED 21208 HACS	PED 21302 (Hockey) WMYA	PED - EAP - 21201 MJ	
11.00 - 12.00		PED 21208 HACS		PED - EAP - 21201 MJ	
12.00 - 13.00					
13.00 - 14.00	PED 21205 WKDSA	PED 21206 SJO		PED 21207 KIU	
14.00 - 15.00	PED 21205 WKDSA	PED 21206 SJO		PED 21207 KIU	
15.00 - 16.00	PED 21208 (Practical) HACS		PED 21204 WKDSA		
16.00 - 17.00	PED 21208 (Practical) HACS		PED 21204 WKDSA		

PED 21101	General Fitness III	: Dr. S. Joniton (SJO)
PED 21302	Foundation of Movement Skill Acquisition (Basketball)	: VL/ Mr. N.H. Samarasinghe (NHS)
	Foundation of Movement Skill Acquisition (Hockey)	: VL/ Ms. WMYA Wijesooriya
	Foundation of Movement Skill Acquisition (Soccer)	: Dr. S. Joniton (SJO)
PED 21203	Practicum I	: Mrs. WKDSA Wickramarachchi (WKDSA)
PED 21204	Dance	: Mrs. WKDSA Wickramarachchi (WKDSA)
PED 21205	Physical Education in Pre School & Primary School	: Mrs. WKDSA Wickramarachchi (WKDSA)
PED 21206	Health and Physical Education	: Dr. S. Joniton (SJO)
PED 21207	Educational Psychology	: VL / Ms. K.I.U. Kodagoda (KIU)
PED 21208	Basic Statistics	: Mr. HACS Hapuarachchi (HACS)
PED - EAP - 2101	Academic English I	: Ms. Murangi Jayasinghe

VL : Visiting Lecturer

Department of Sports Sciences and Physical Education
Semester Timetable Year II Semester I (2019/2020) - Theory (SSM)
From 06.02.2023 to 07.04.2023 (Online)

Time	Monday	Tuesday	Wednesday	Thursday	Friday
8.00 - 09.00	SSM 21110 GRAC	SSM 21102 SJMMJ	SSM 21101 SJ	SSM 21112 MAS	SSM 21109 KMIUB
09.00 - 10.00					
10.00 - 11.00	SSM 21111 PDDI	SSM 21203 HACS	SSM 21113 WMYA	SSM-EAP 2121 MJ	SSM 21206 RDAM
11.00 - 12.00		SSM 21203 HACS		SSM-EAP 2121 MJ	SSM 21206 RDAM
12.00 - 13.00					
13.00 - 14.00	SSM 21205 AWS		SSM 21108 HWUS	SSM 21204 KIU	
14.00 - 15.00	SSM 21205 AWS			SSM 21204 KIU	
15.00 - 16.00	SSM 21203 (Practical) HACS	SSM 21207 WAWS			
16.00 - 17.00	SSM 21203 (Practical) HACS	SSM 21207 WAWS			

SSM 21101	Movement Concepts, Skill Analysis, Performance, and Practices in Athletics (Field Event-Throws)	: Mr. S.Jeganenthiran (SJ)
SSM 21102	Movement Concepts, Skill Analysis, Performance, and Practices in Weightlifting	: Mrs. SJMMJ Samarakoon (SJMMJ)
SSM 21103	Fundamentals of Statistics	: Mr. H.A.C.S. Hapuarachchi (HACS)
SSM 21104	Education Psychology	: VL / Ms. K.I.U. Kodagoda (KIU)
SSM 21105	Introduction to Biomechanics	: Dr. A.W.S. Chandana (AWS)
SSM 21106	Concepts of Sport Event Management	: Mrs. R.D.A.M. Somarathne (RDAM)
SSM 21107	Sport Facility Design and Management	: Mrs. W.A.W.S. Rupasinghe (WAWS)
SSM 21108	Kinesiology	: Mr. HWUS Jayasinghe (HWUS)
SSM-EAP-2101	Academic English I	: Ms. Murangi Jayasinghe
SSM 21109	Movement Concepts, Skill Analysis, Performance, and Practices in Table Tennis	: VL / Mr. K.M.I.U.B. KULATHUNGA (KMIUB)
SSM 21110	Movement Concepts, Skill Analysis, Performance, and Practices in Tennis	: VL / Mr. GRAC Gamlath (GRAC)
SSM 21111	Movement Concepts, Skill Analysis, Performance, and Practices in Badminton	: VL / Mr. PDDI Gunathilake (PDDI)
SSM 21112	Movement Concepts, Skill Analysis, Performance, and Practices in Rugby	: VL / Dr. MAS Udayanga
SSM 21113	Movement Concepts, Skill Analysis, Performance, and Practices in Hockey	: VL/ Ms. WMYA Wijesooriya

Dr. A.W.S. Chandana

Head / Department of Sports Sciences and Physical Education

Prof. E.P.N. Udayakumara

Dean / Faculty of Applied Sciences